# Reflection from a PhD student

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Forest Mycology and Plant pathology

### Who am I?

- Master in forestry (Jägmästarprogrammet)
- Working as a forest nursery assistant manager
- Industrial PhD student 5 year project
- Fungal communities and fungal disease in forest nurseries
- 3<sup>rd</sup> year of PhD studies

It is fun to be a PhD student, but it can also be challenging!

# You and your supervisors

- Establish a good communication
  - Regular meetings
- Be open and discuss goals, expectations etc
- What to do when it's not working...

## To handle criticism

- From supervisors
- From others
- When a paper is rejected

→ You are not your project!

## Finish on time

- Project management
- Time planning
  - You can be ambitious without working 24/7



www.finishontime.se

#### Project planing

	AKTIVITET	Year	2021	2022									2023		Goal 6 month prior			
PROJEKT		Month Weeks	December 48 49 50 51 52	January	February	March 9 10 11 12 13	April 14 15 16 17	May 18 19 20 21	June 22 23 24 25 26	July 27 28 29 30	August 31 32 33 34 35	September 36 37 38 39	October 40 41 42 43	November 44 45 46 47 48	December 3 49 50 51 52	January	Goal 75 %	defence
WP1	Data analysis  Manuscript writing																	Published manuscript
WP2	I. Data analysis I. Manuscript writing II. Field/Lab work II. Data analysis II. Manuscript writing																Published manuscript I.	Published manuscript I., Submitted manuscript II.
WP <sub>3</sub>	Experiemnt setup  Lab work  Data analysis  Manuscript writing																	Working on manuscript
WP4	Lab work*  Analysis/modelling  Manuscript writing																Working on manuscript	Submitted manuscript
	Conferences																	
	Teaching																	
	Internship																	
	Courses																	
*External resource	Holiday																	

<sup>\*</sup>External resource

#### Veckoschema

#### TRE SMARTA MÅL

1.	
2.	
3.	

Tid	Måndag	Tisdag	Onsdag	Torsdag	Fredag

Antal units varav	avhandlingsunits	
Uppfyllt målen 🔲 📗		
Output (antal sidor):	varav % klart	

FINISH ON TIME.

## Courses

- There are more courses than you need!
  - NOVA-courses
    - really good for networking
  - Understanding and coding the R programming language
    - Given by the Ecology department (Matt Low)
  - Visualize your science
    - Learn to use a software for graphical design, figures, posters

# Teaching

- Good opportunity to get experiences if you are interested
- Have in mind:
  - → How much do you get compensated for (usually 2 hours preparation for 1 hour teaching)

## Other activities/positions



KSLA - The committee on Forest Damages

Secretary



PhD student council (S-faculty)

Research Education Committee (FUN)
Seth M Kempes scholarship fund

# Connect with your PhD buddies

- Regular meetings
  - Information from different councils/groups/positions
  - Experiences, issues, other information
- Non-work related activities (AW, Fikas, etc)