




Reflection from a PhD student

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Forest Mycology and Plant pathology



Who am I?

- ▶ Master in forestry (Jägmästarprogrammet)
 - ▶ Working as a forest nursery assistant manager
 - ▶ Industrial PhD student – 5 year project
 - ▶ Fungal communities and fungal disease in forest nurseries
 - ▶ 3rd year of PhD studies
- 



It is fun to be a PhD student, but it can also be challenging!

You and your supervisors

- ▶ Establish a good communication
 - ▶ Regular meetings
- ▶ Be open and discuss goals, expectations etc
- ▶ What to do when it's not working...

To handle criticism

- From supervisors
 - From others
 - When a paper is rejected
- You are not your project!

Finish on time

- ▶ Project management
- ▶ Time planning
 - ▶ You can be ambitious without working 24/7



Veckoschema

TRE SMARTA MÅL

1. _____
2. _____
3. _____

Tid	Måndag	Tisdag	Onsdag	Torsdag	Fredag

Antal units ____ varav avhandlingsunits ____

Uppfyllt målen

Output (antal sidor): ____ varav ____% klart

FINISH ON TIME.

Courses

- ▶ There are more courses than you need!
 - ▶ NOVA-courses
 - ▶ really good for networking
 - ▶ Understanding and coding the R programming language
 - ▶ Given by the Ecology department (Matt Low)
 - ▶ Visualize your science
 - ▶ Learn to use a software for graphical design, figures, posters

Teaching

- ▶ Good opportunity to get experiences if you are interested
- ▶ Have in mind:
 - How much do you get compensated for (usually 2 hours preparation for 1 hour teaching)

Other activities/positions



KSLA - The committee on Forest Damages

Secretary



PhD student council (S-faculty)

Research Education Committee (FUN)

Seth M Kempes scholarship fund

Connect with your PhD buddies

- ▶ Regular meetings
 - ▶ Information from different councils/groups/positions
 - ▶ Experiences, issues, other information
- ▶ Non-work related activities (AW, Fikas, etc)