

CFI Regenerative Landscape Architecture // 2 study trips

Southern Dalarna, 25-26/4 2023

Philipp Weiss, Puttmyra Forest garden & plant nursery zone 5. Author of *Nöthandboken* & *Skogsträdgården* – *odla ätbart överallt*.

Martin Gustafsson, Stjärnsund, gardener & teacher at Färnebo Folkhögskola. Private garden with diversified southern slope.

Mångfaldsträdgården, Stjärnsund. Permaculture garden at Fridhem kursgård (est. 1984, inspired by Findhorn, Scotland)

David & Eliza Roxendal, Humble Habitat, Garpenberg. 12 ha off-grid homestead, courses in building tiny houses

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Gothenburg, Orust, Tjörn, 18-20/9 2023

Testbed Agroforestry & Food forest, Angered Gård, Mauricio Sagastuy Klie. Project owner: Västra Götalandsregionen.

Egnahemsfabriken, Tjörn, Erik Berg m.fl. Platform and knowlege hub on communal building of houses (socialt byggande).

Rickard Wingård, Orust. Private garden with waste water management, edible landscape, compost reactor & roof glasshouse

Daniel Norlén, Kolleröd. The role of water in the landscape as a climate change mitigator.











REGENERATIVE DESIGN

Based on whole systems thinking

Inspiration from the processes found in nature

Enable cyclical exchanges between human and nature in the face of a long-term and healthy co-existence

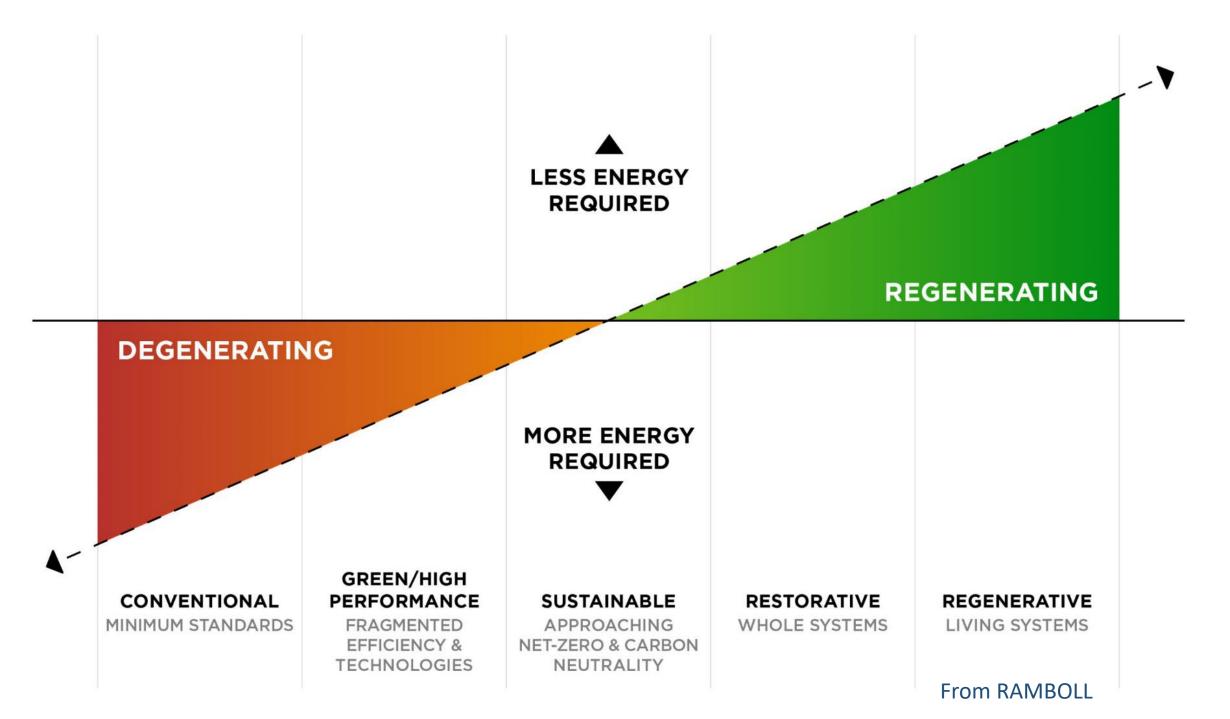
Reconnect and realign humans and their activities with the natural environment Reducing human footprints on the environment and climate

Circularity

Generating the resources needed

Generate more energy than consumed in the construction and lifespan of the project Benefiting its context and ecology, the built environment has a net positive impact on natural systems







Re-generate something Energy/Food/Biofuel/Wood & other Ecosystem Services including social aspects Circulatity
Enable cyclical exchanges
between human & nature
for long-term and healthy

co-existence

Whole Systems thinking System of systems Connect man-nature
Reconnect & realign humans &
our activities with the natural
environment

Extreme situation requires radical solutions

Allow and embrace a more radical position

Benefiting context and ecology
Built environment has net positive impact
on natural systems

REGENERATIVITY



Re-generate something Energy/Food/Biofuel/Wood & other Ecosystem Services including social aspects

Circulatity Enable cyclical exchanges between human & nature for long-term and healthy co-existence

Whole Systems thinking System of systems

Connect man-nature Reconnect & realign humans & our activities with the natural environment Posthumanist perspective More-Than-Humans We Are Nature Biophilia hypotesis

Extreme situation requires radical solutions

Allow and embrace a more radical position

Water as climate actor Sponge City - Sponge Landscape

Flora Fauna Funga

Biodiversity makes the planet habitable for all species, including humans

More compelxity = more habitats & more species = aids climate stability via more biodiversity and more carbon sequestration

Benefiting context and ecology Built environment has net positive impact on natural systems

REGENERATIVITY

Long life, Loose fit, Low energy
Alex Gordon RIBA president, 1972

Centering Soil

Post-industrial Soil, Urban Soil Soil Life = Healthy soils = More Carbon sequestration Soil Carbon Sponge -Walter Jehne

Rewilding

Retro?

Article 8(j) Traditional Knowledge, Innovations and Practices, Convention on Biological Diversity

Reduce human footprints

Reduce, Recycle, Upcycle,
Reuse, Repurpose, Refurbish,
Reconstruct, Adapt, Refuse
Minimize CO2 & energy use
Cradle to cradle (C2C)
Low Tech
Low Impact
Nature based solutions

Nature based solutions
Edible landscapes
Forest gardens

Permaculture

Agroecology

Agroforestry Biomimicry

Scaling up – from individual projects to cities and regions?

- All projects we visited where of local and idealistic nature.
- In theory, some also argue that downscaling is essential. Large scale, international systems of trade regarding energy, food etc. can never be fully regenerative.
- Yet, transforming degenerative systems to more regenerative ones on city, regional and national level (circular economies, cities & regions) is essential.
- Analyzing where the weakest spots are and find solutions for getting these aspects of society more regenerative?

Outcomes CFI Regenerative Landscape Architecture

- Revision of survey regarding urban soils for project in PREPSOIL, EU Soil Health initiative
- Compilation of study trips & summary of findings for SLU Landscape homepage
- Suggestions on implementing new knowlege/aspects in courses
- Develop edible multi layerd plant bed/s in Kunskapsparken Ultuna
- Apply for founding for creating a Movium Faktablad
- Presentation at ECLAS 9-10/9 2024 Brussels, theme Regenerative Landscapes