


# Light Sheet Fluorescence Microscopy

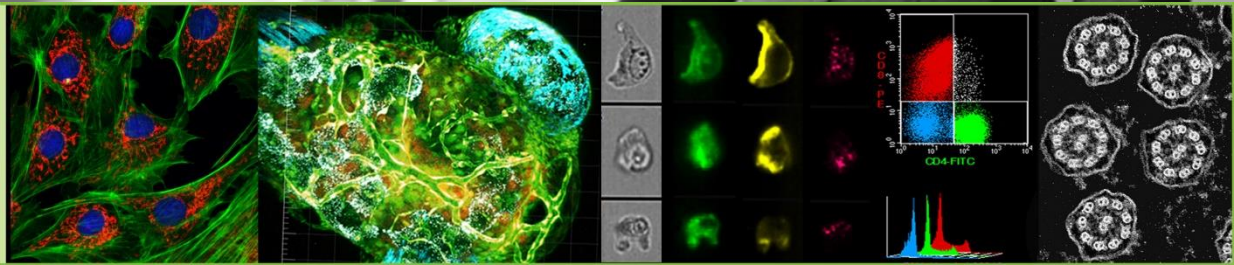
by ZEISS

Adapted by Dirk Pacholsky, BioVis Facility, Uppsala, Sweden

For Methods for Cell Analysis, 2014



 UPPSALA  
UNIVERSITET  
**SciLifeLab**  
**BioVis Facility**



# Imaging of living, multi-dimensional specimens

## What are the challenges?



### Challenges:

1. Bleaching and photo-damage
2. Capturing highly dynamic processes in 3D
3. Sample size
4. Sample viewing position
5. Out of focus fluorescence for optical sectioning

**“Life is all about dynamic processes of complex multicellular organisms in a three-dimensional world.”**



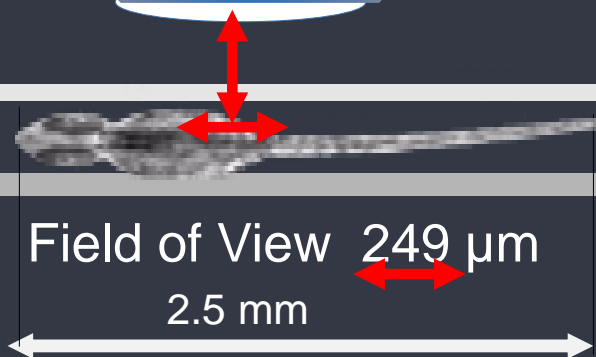
Juvenile Acorn worm (*Saccoglossus kowalevskii*), labelled with AF 488 phalloidin and DAPI.  
Jessica Gray, Harvard Center for Biological Imaging, USA

# Challenges environment, dimensions, imaging



Sample:  
Zebrafish embryo →  
*Drosophila m. embryo* →  
Cells →  
Yeast →

# of z-slice:  
200 – 300 x  
100 – 150 x  
10 – 20 x  
3 – 6 x



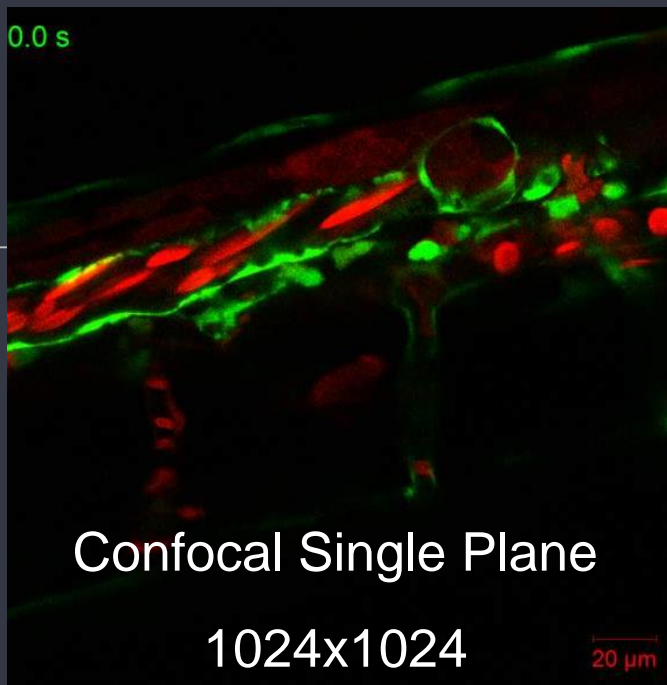
Coverslips squeezes  
sample



Working Distance  
100 μm

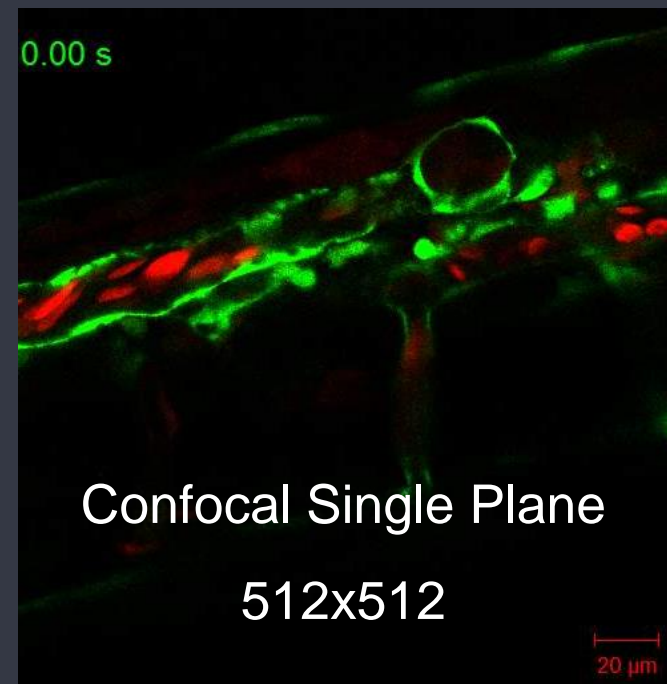
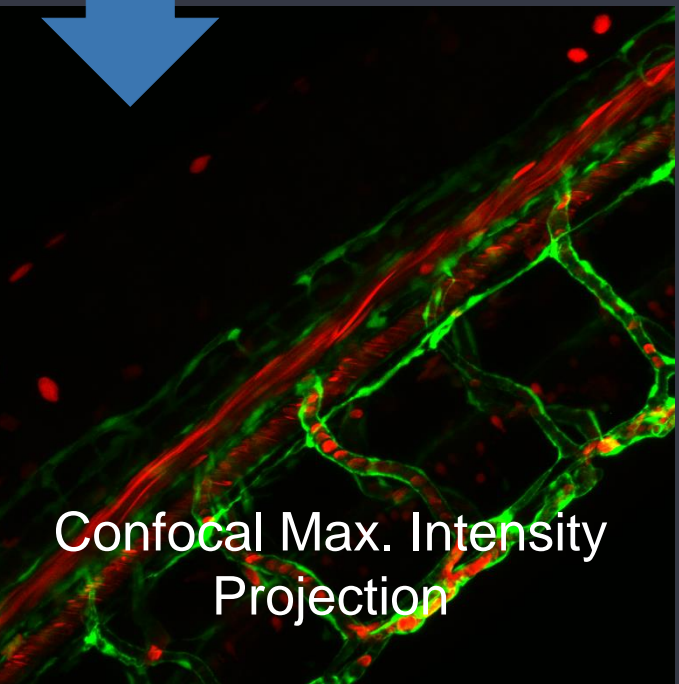
Widefield vs Optical sectioning

Point scanning vs time & light damage



**Challenge**  
Life is dynamic!

Slow scan  $\rightarrow$   
moving objects  
are blurred



Faster scan  $\rightarrow$   
compromise in  
resolution

**erythrocytes** in  
blood **vessel**

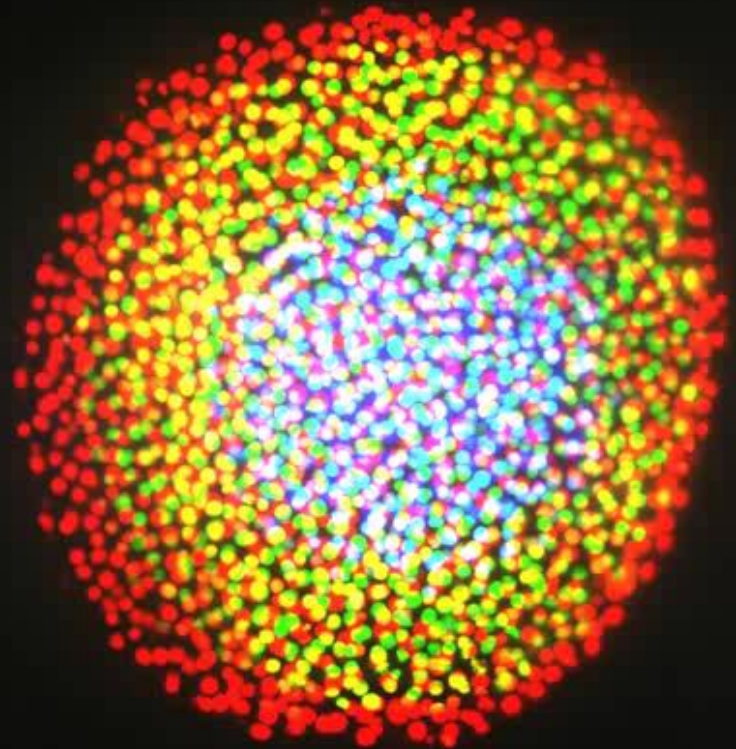
# Imaging of living, multi-dimensional specimens

What are the motivations?



## Motivations:

1. Minimize bleaching and reduce photo-damage
2. Sufficient spatio-temporal resolution for observing dynamic 3D processes.
3. Image large, living 3D specimens without squishing or needing to microtome
4. Sample freely positionable in 3D including rotation, not limited to 2D
5. Avoid out-of-focus fluorescence for clean, optical sectioning



Zebrafish embryo expressing histone H2B fused to Dendra2 which labels DNA

Katherine Rogers, Department of Molecular and Cellular Biology, Harvard University, USA

# Live Cell Imaging of multi-dimensional specimens

## What kind of microscope would you need?



Optical sectioning  
(2PM, LSM, SD vs Widefield)

Perfect environment  
(CO<sub>2</sub>, O<sub>2</sub>, T)

Sensitive detection  
(Camera vs PMT)

Multiple views /  
Flexible sample positioning  
(2Pi...?)

Low photo-damage  
(2PM, SD vs ...)

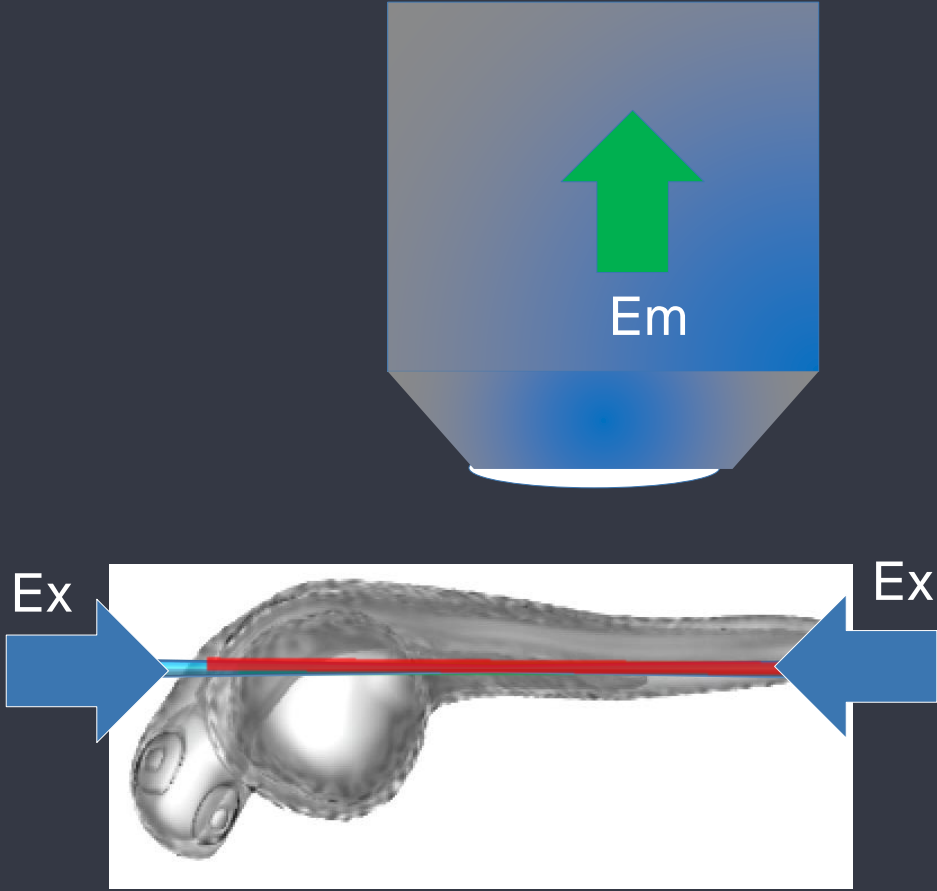
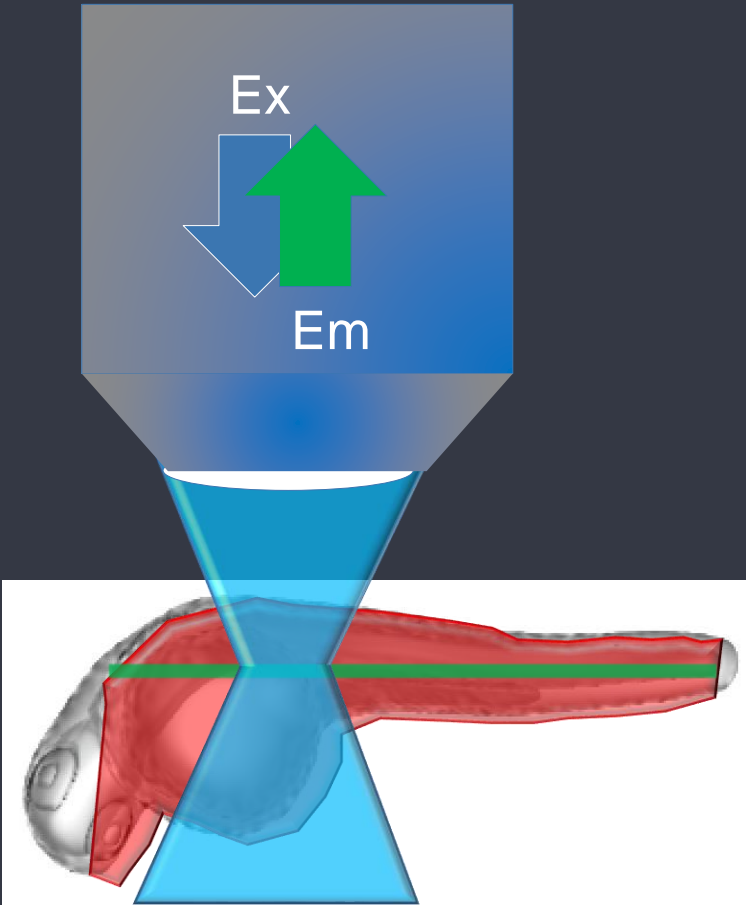
High Speed  
(Widefield or Spinning Disc/camera vs  
pointscan)



# Epi-illumination (e.g. LSM) versus Light Sheet illumination



## Widefield/Pointscan versus light sheet of defined thickness

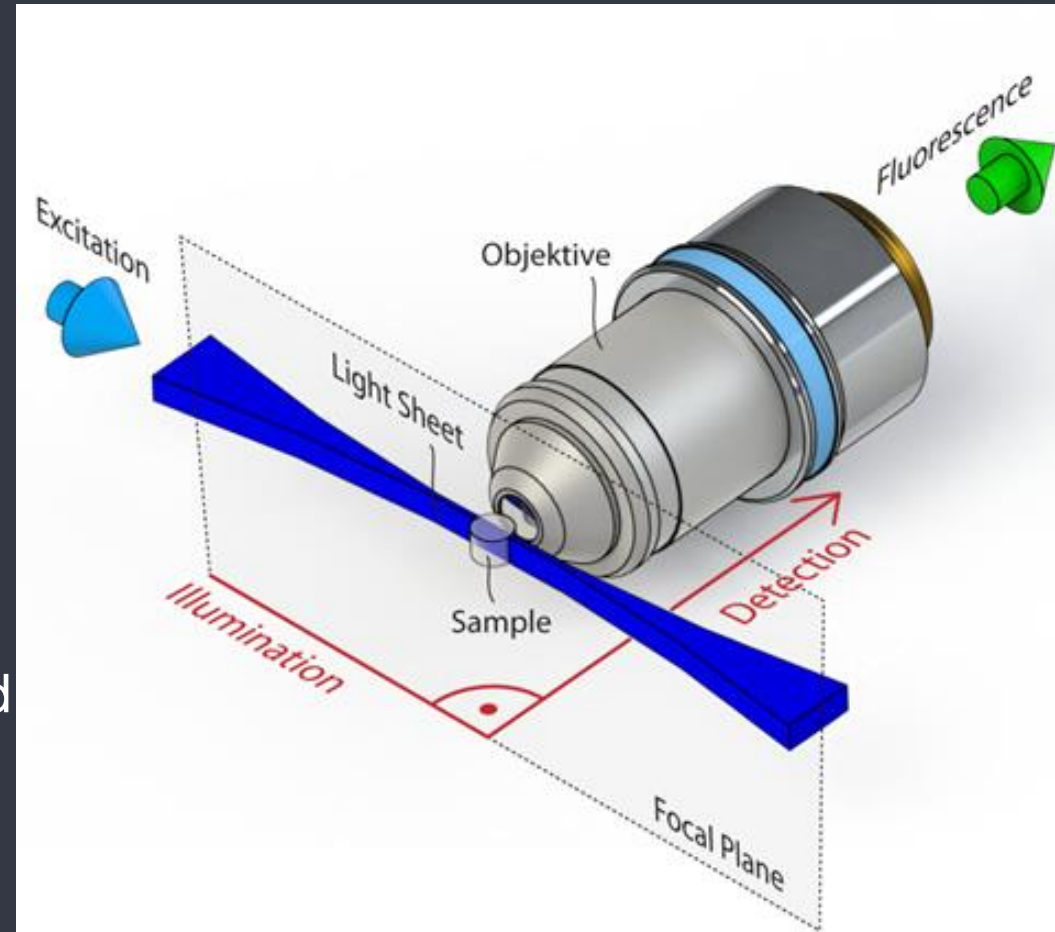


# What illumination to use?

## Epi-illumination vs. Light Sheet illumination



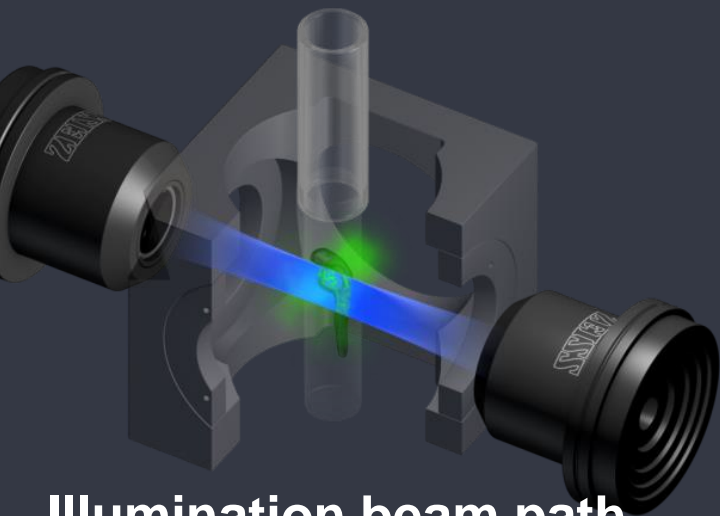
- Orthogonal light paths for Illumination and Detection in a horizontal microscope.
- Inherent optical sectioning capability of the illumination Method
- No excitation of out-of-focus fluorescence
- Whole field of view illuminated
- Camera based light collection



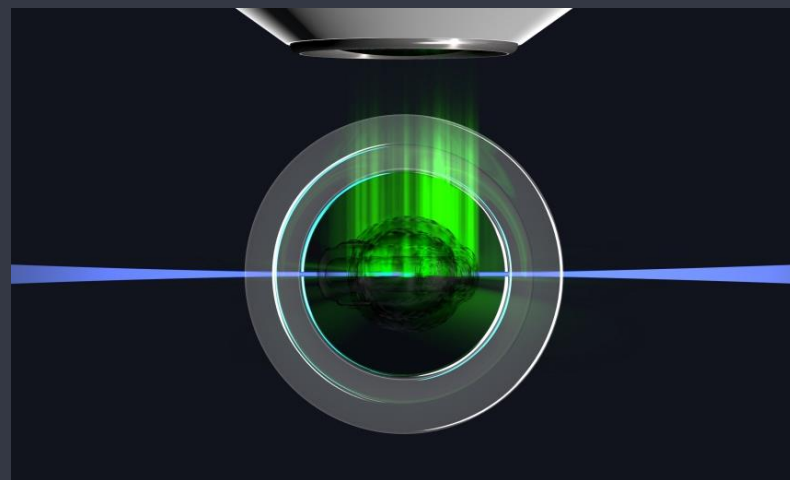


# Light sheet Light

## Illumination in a horizontal microscope



**Illumination beam path**



**Detection beam path**

Horizontal Microscope needed

Horizontal Microscope needed

Laser beam is shaped into a Light Sheet

Decoupled from illumination beam path

Scanning mirrors move the sheet along the focal plane (z-direction)

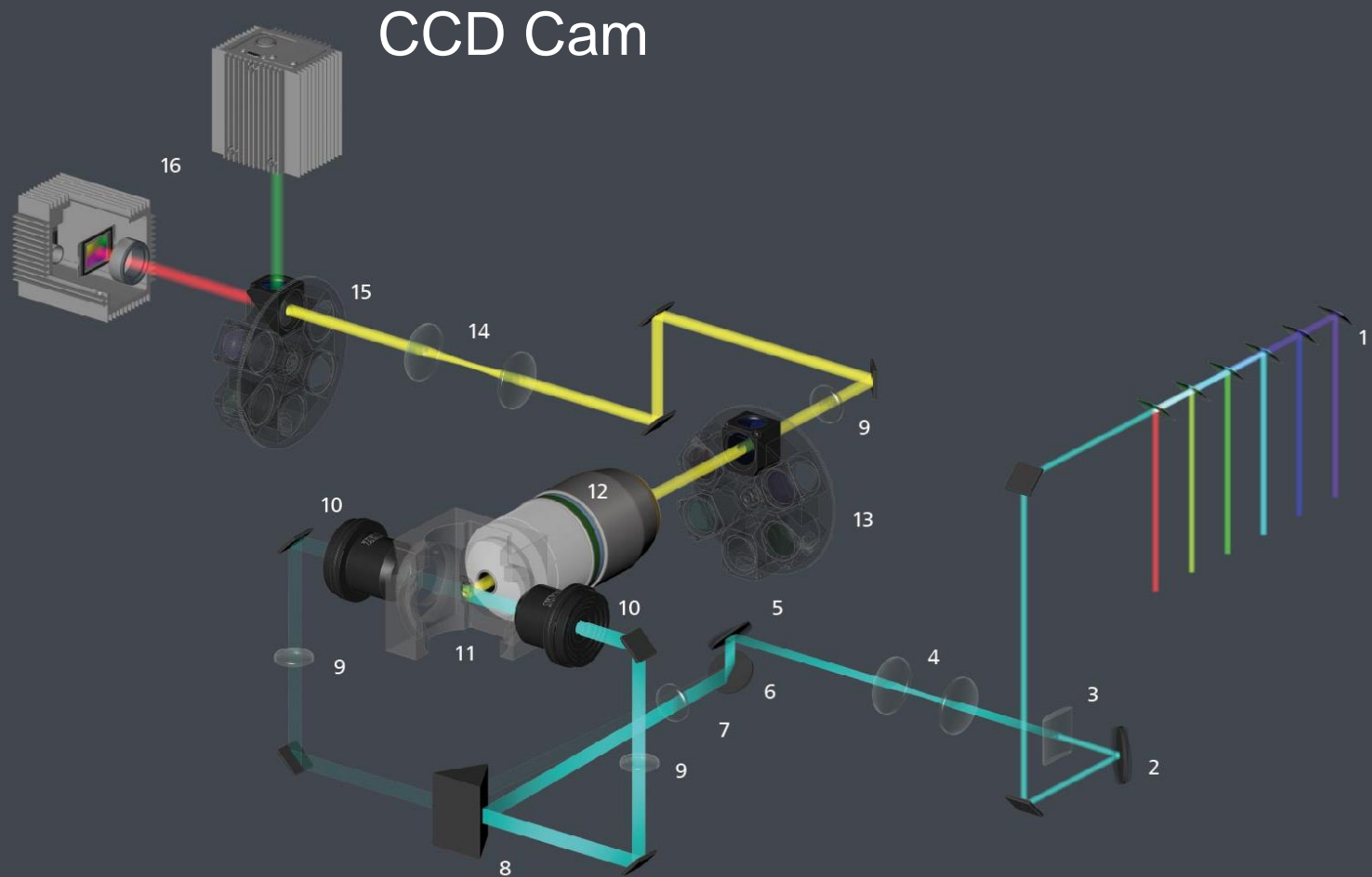
Oriented  $90^\circ$  to illumination beam path

# The horizontal microscope beam path for Lightsheet Z.1



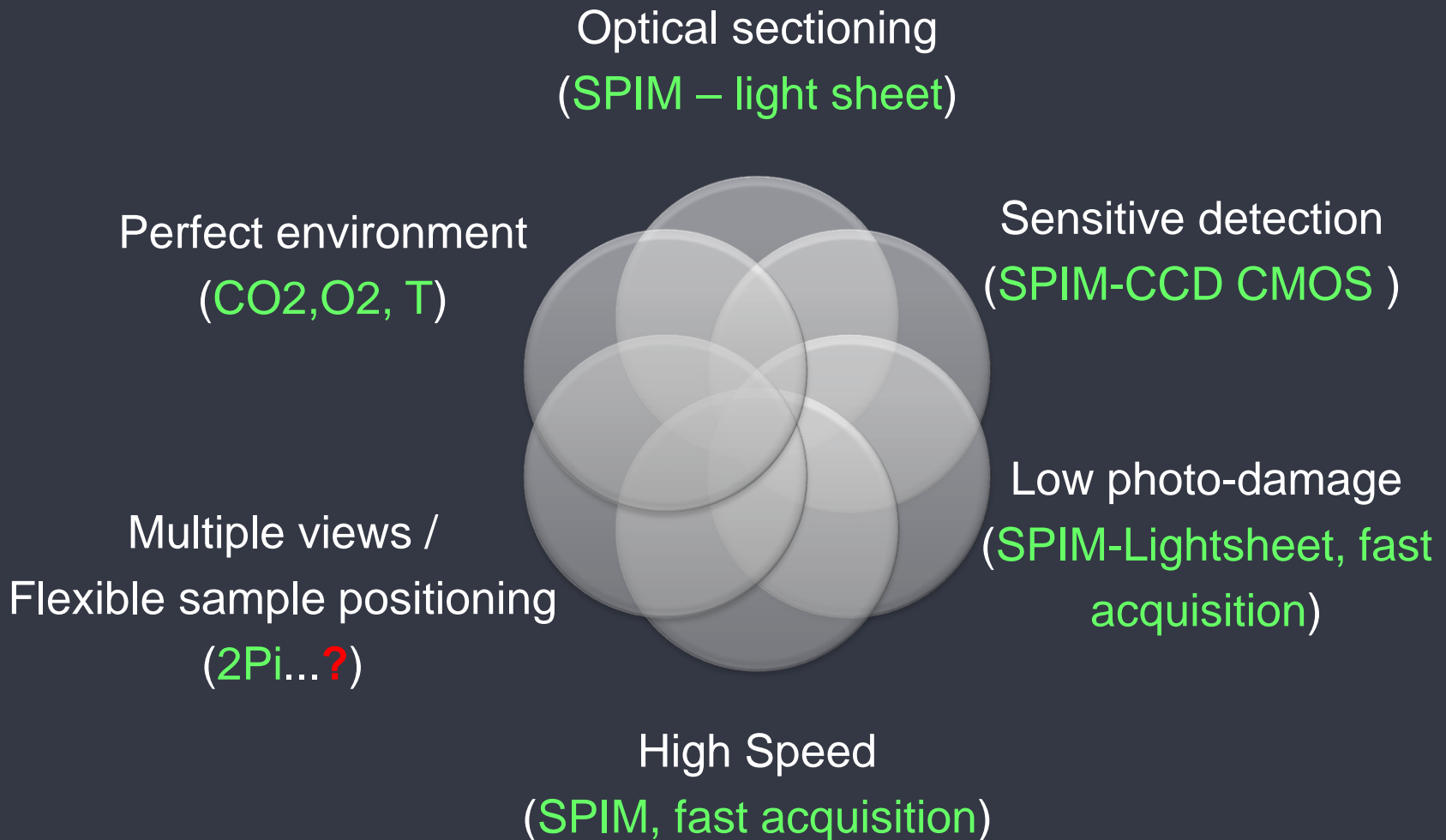
## Lightsheet Z.1 Beam Path

1. Lasers
2. Pivot Scanner
3. Cylindrical Lens
4. Illumination Zoom
5. Light Sheet Scanner
6. Switching Mirror (right/left)
7. Scan Objective
8. Mirrored Prism
9. Tube Lens
10. Illumination Optics
11. Sample Chamber with Sample
12. Detection Optics
13. Laser Blocking Filter
14. Detection Zoom
15. Emission Filter Module
16. Detection Modules



# Live Cell Imaging of multi-dimensional specimens

## What kind of microscope would you need?



# Sample mount : "cultivation" chamber (CO<sub>2</sub>, O<sub>2</sub>, Temp)



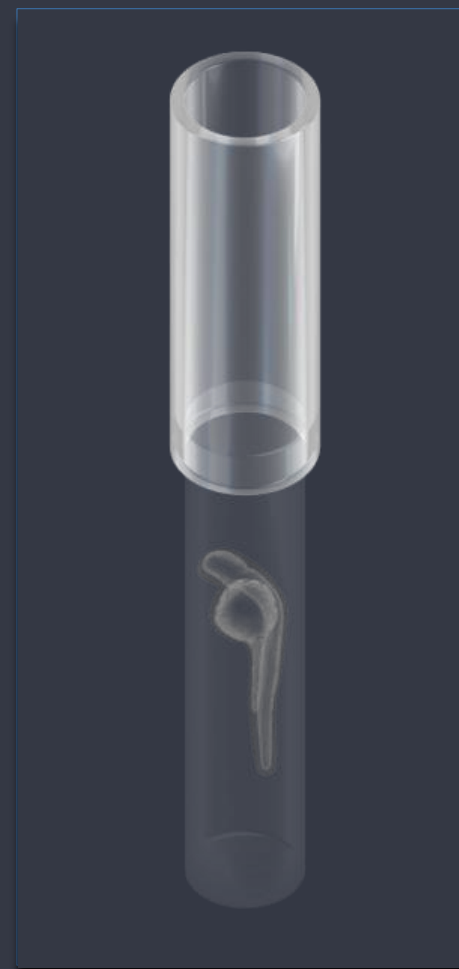
## Chamber for aqueous sample environment

- Physiological conditions maintained
- Aqueous medium and minimized aberrations
- Compact & stable temperature controlled incubation (hot & cold) with CO<sub>2</sub>



## Sample mounted vertically in a Hydrogel

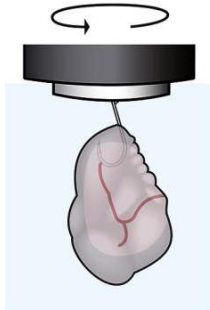
- Ideal for larger, living specimens
- Easy to prepare & store using common laboratory materials
- Translates & rotates:
  - easy positioning
  - moves for generating Z-stacks
  - allows multiple viewing perspectives (Multiview)
- Suspended in a medium/buffer



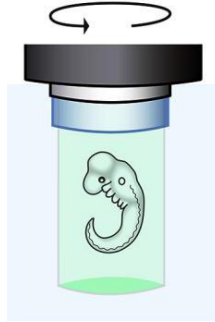
# Sample mount for any type: Types of Sample Mountings



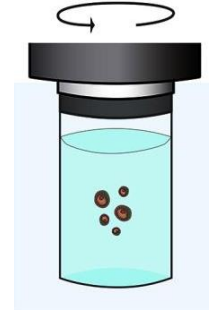
H  
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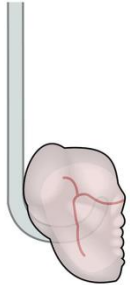
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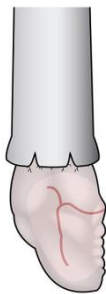
E  
N  
C  
L  
O  
S  
E  
D



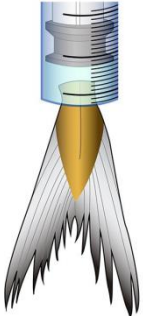
Hooked



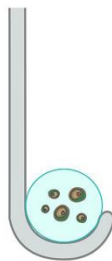
Glued



Clamped/  
Submerged



Suspended



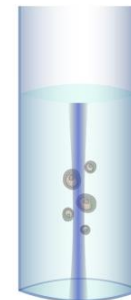
Syringe



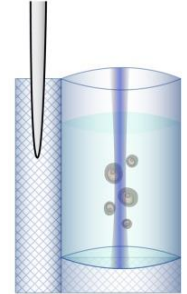
Glass Capillaries



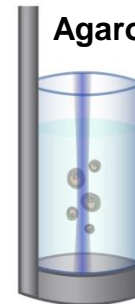
FEP Tubing



Polymer Foil



Agarose Beaker

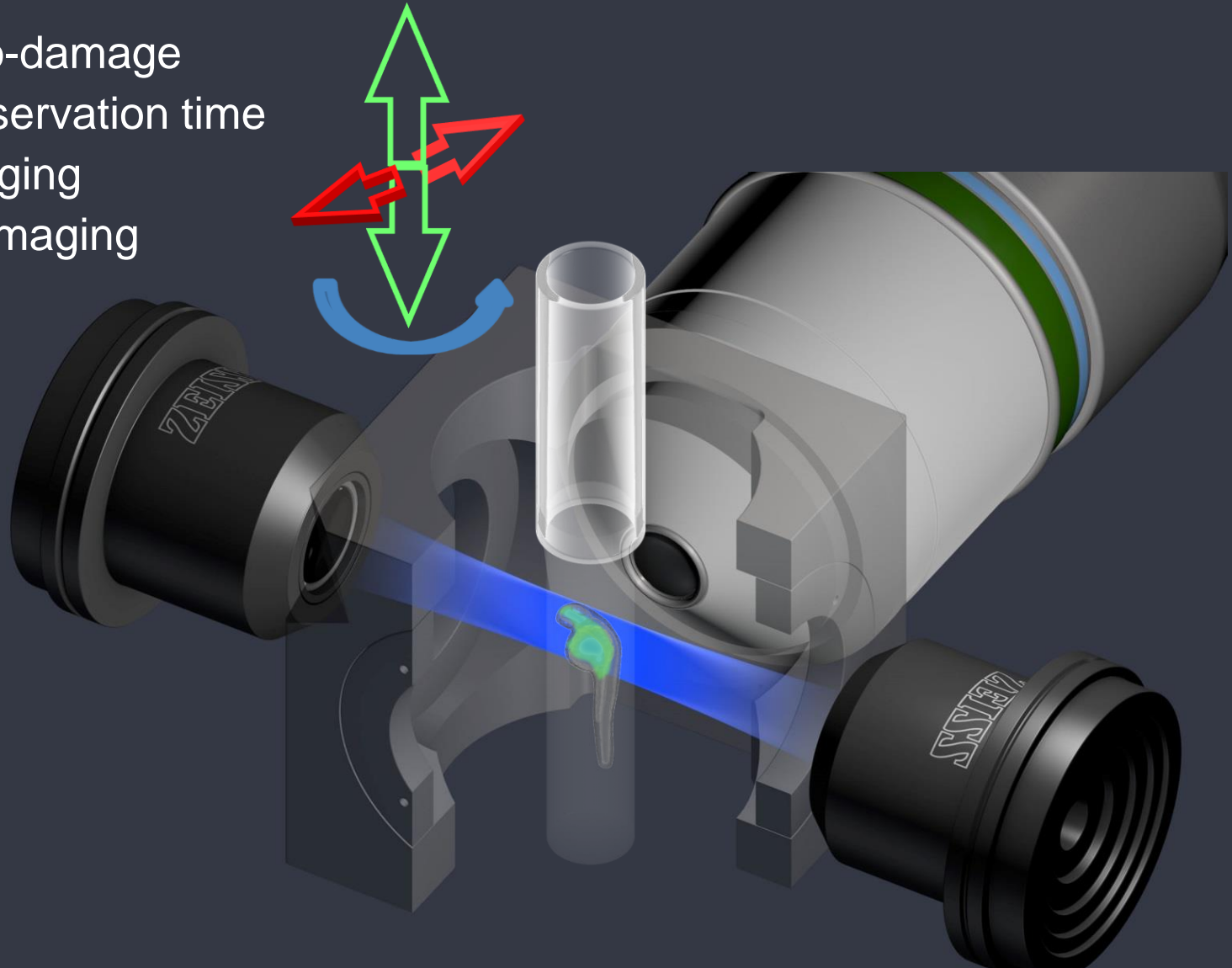


# Light Sheet Fluorescence Microscopy (LSFM /SPIM)



Fast Z-Stack Movie    Z- Stack with continuous drive

- Less photo-damage
- Longer observation time
- Faster imaging
- Multiview imaging



# Live Cell Imaging of multi-dimensional specimens

## What kind of microscope would you need?



Optical sectioning  
(**SPIM – light sheet**)

Perfect environment  
(**CO<sub>2</sub>, O<sub>2</sub>, T, SPIM**)

Sensitive detection  
(**SPIM-CCD CMOS**)

Multiple views /  
Flexible sample positioning  
(**SPIM sample holder**)

Low photo-damage  
(**SPIM-Lightsheet, fast  
acquisition**)



High Speed

(**SPIM, fast acquisition**)

SPIM

: Selected Plane illumination Microscopy

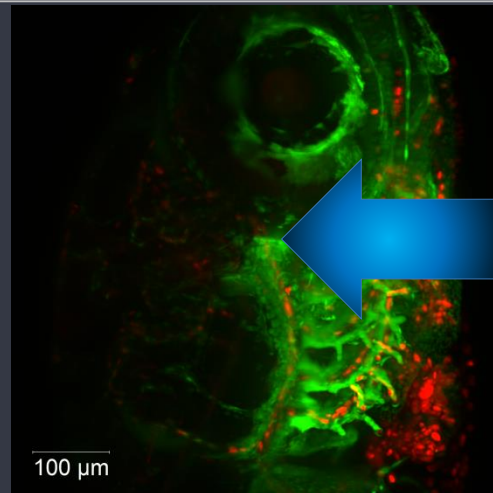
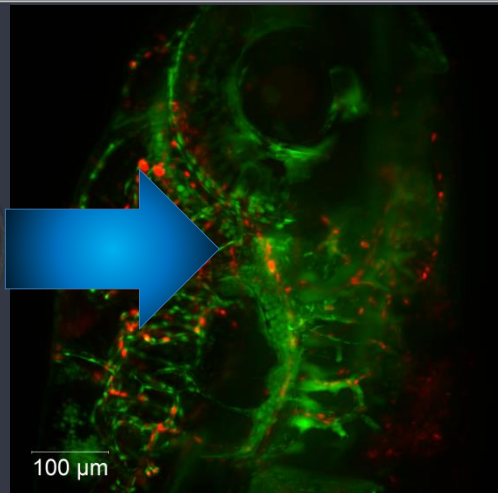
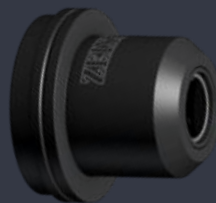


# Details to know I

## Illumination Options: Dual Side vs. Single Side

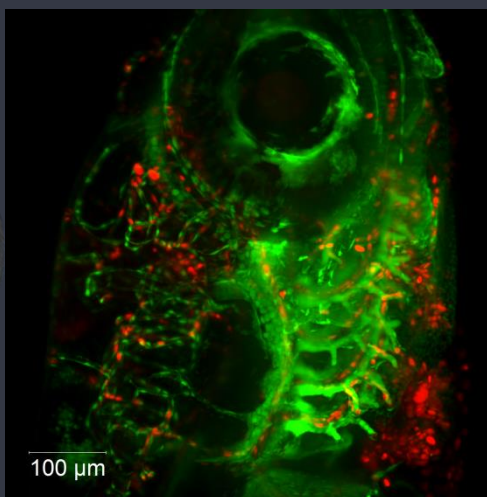
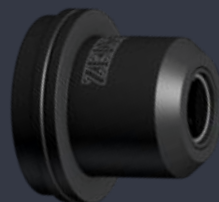


L  
E  
F  
T



R  
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T

## FUSED DUAL SIDE IMAGE



Sample by  
Dr. Cathleen Teh, IMCB, Singapore

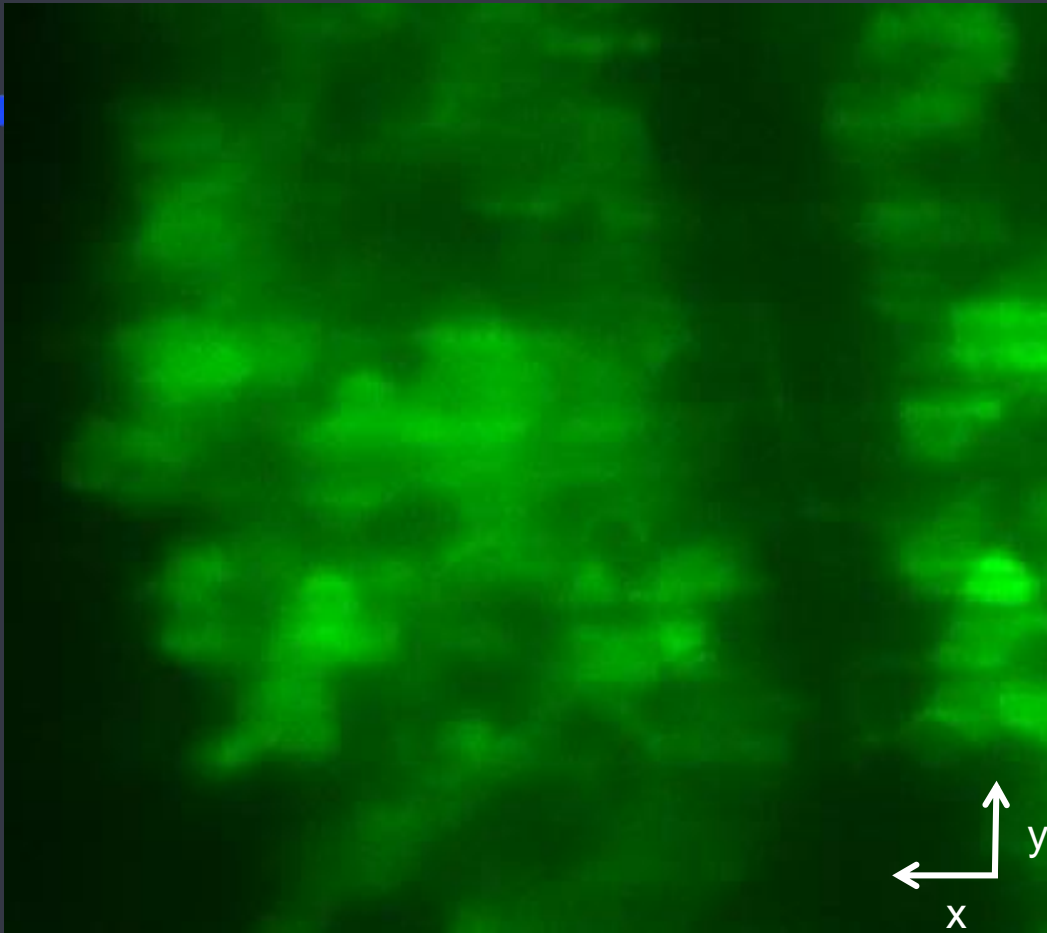
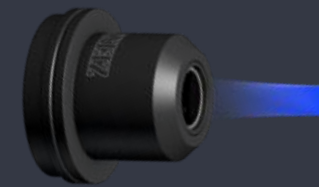
# Details to know II : Pivoting light sheet

## Where there is light, there are shadows (always!)

### Shadow reduction



Left Side  
Illumination



## Shadow Stripes

- Due to Scattering & Absorption of Illumination Light by Sample

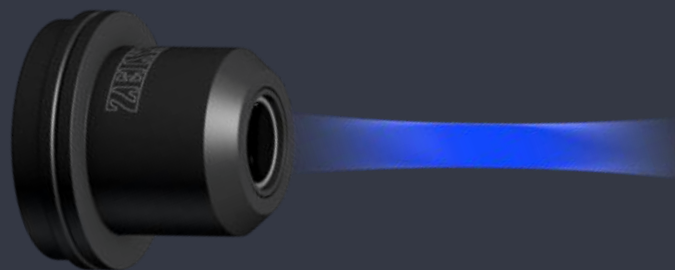
# Details to know II : Pivoting light sheet

## Where there is light, there are shadows (always!)

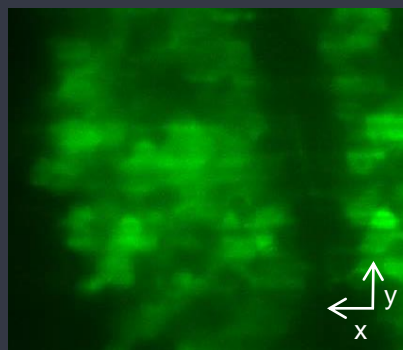
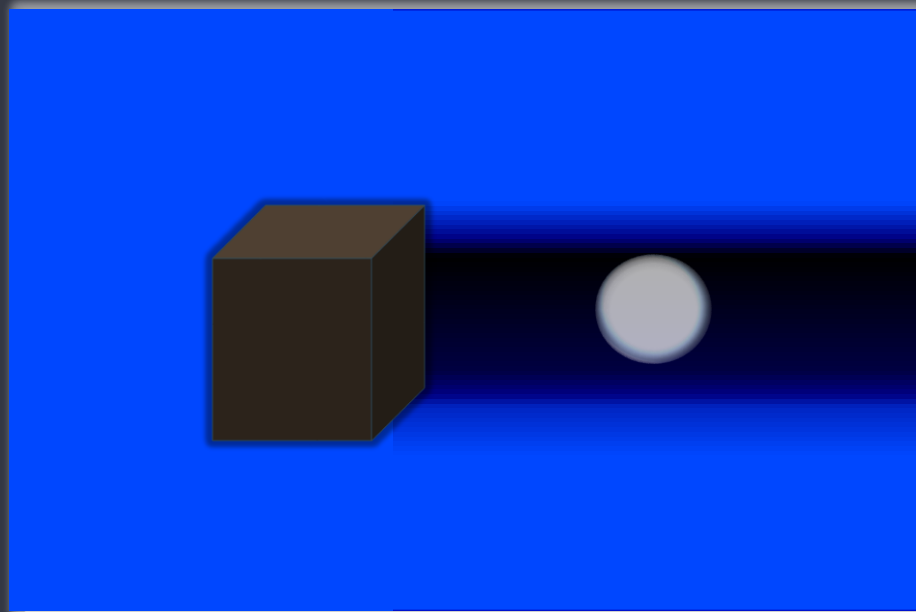
### Shadow reduction



Without Pivot



Left Side  
Illumination



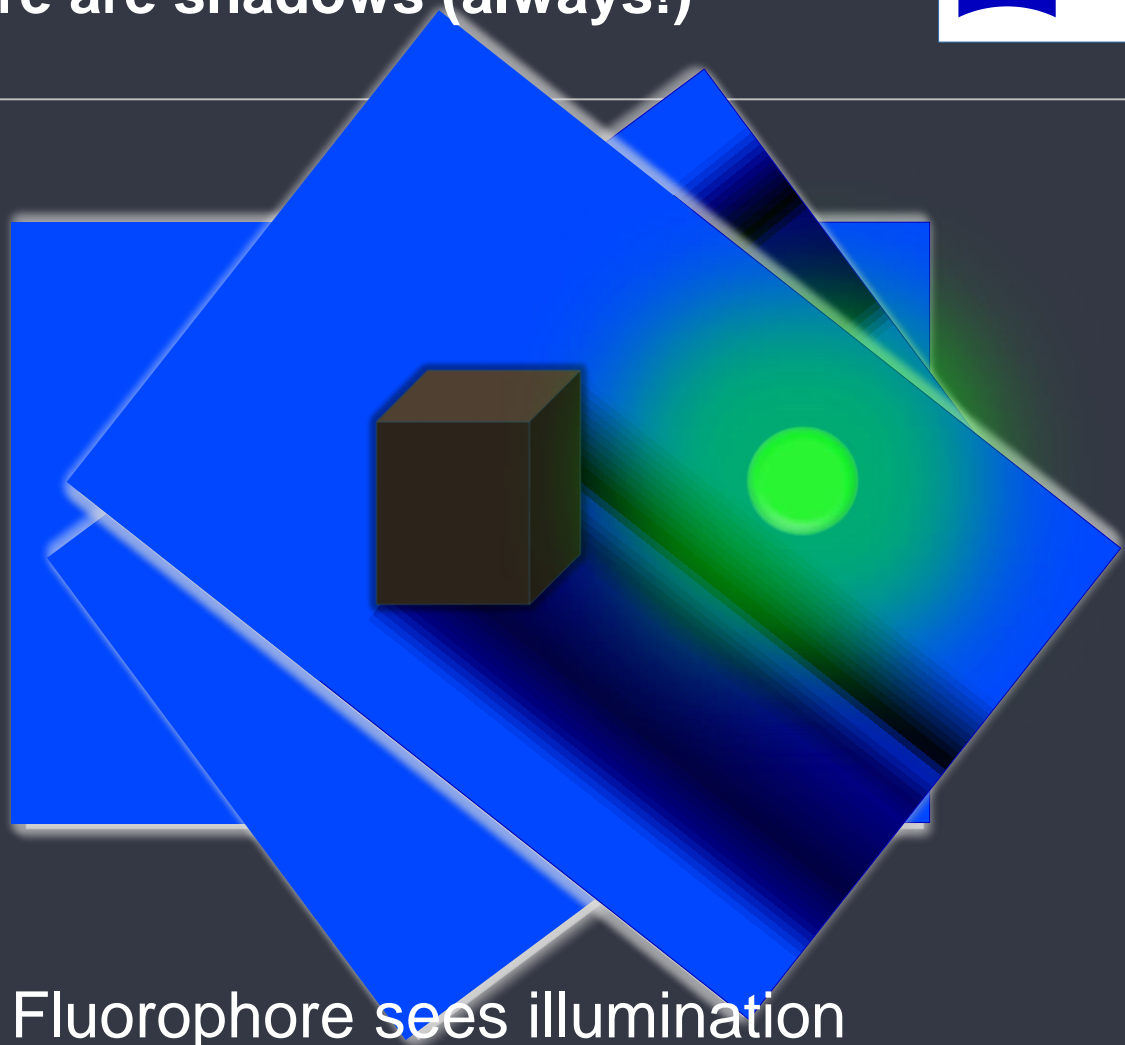
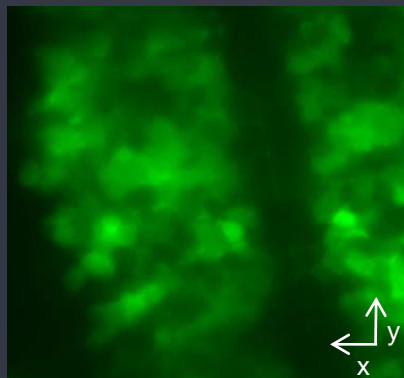
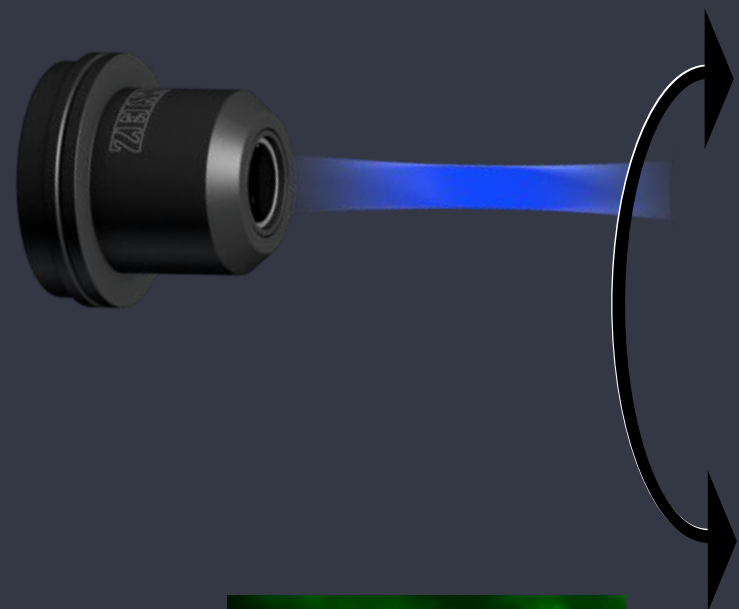
Fluorophore sees no illumination excitation light due to block's absorption & scattering.

# Details to know II : Pivoting light sheet

Where there is light, there are shadows (always!)  
Shadow reduction



With Pivot



Fluorophore sees illumination excitation light due to light pivoting around the box.

# Details to know II : Pivoting light sheet

## Where there is light, there are shadows (always!)

### Shadow reduction



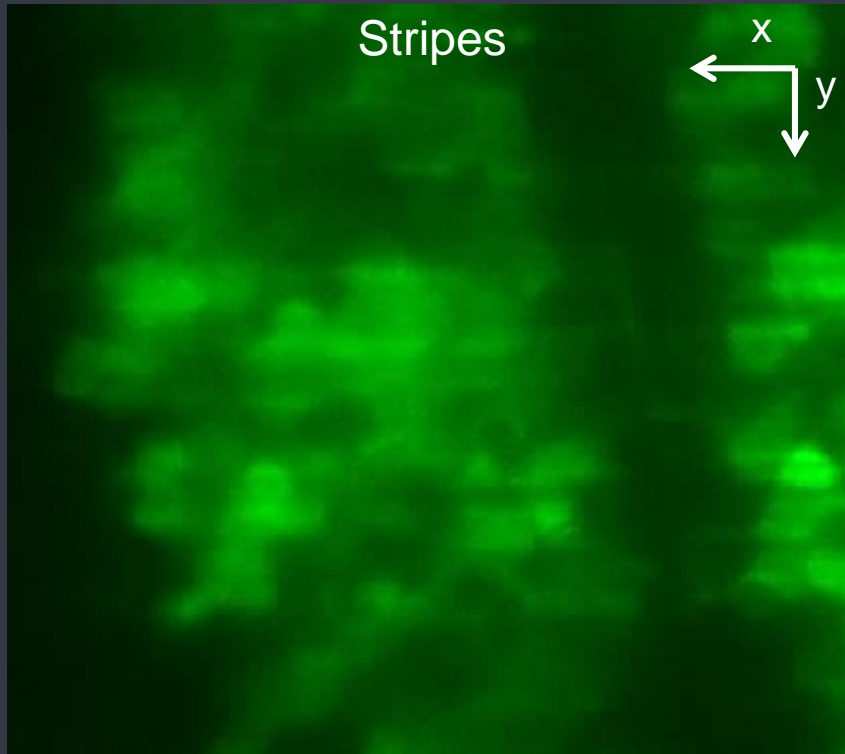
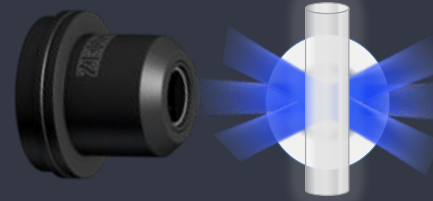
With Pivot



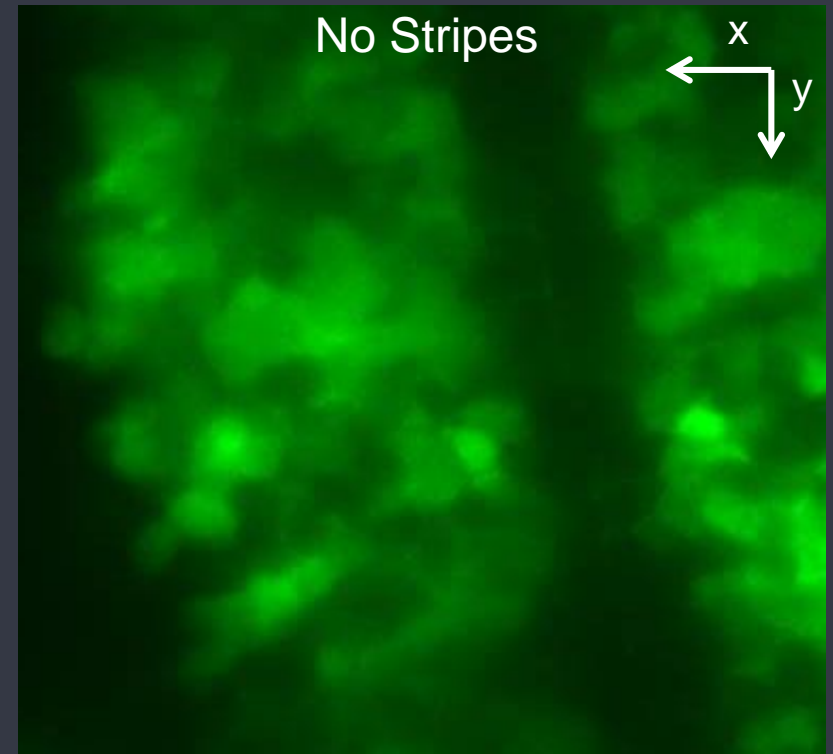
# Details to know II : Pivoting light sheet

## Where there is light, there are shadows (always!)

### Shadow reduction



Without Pivot



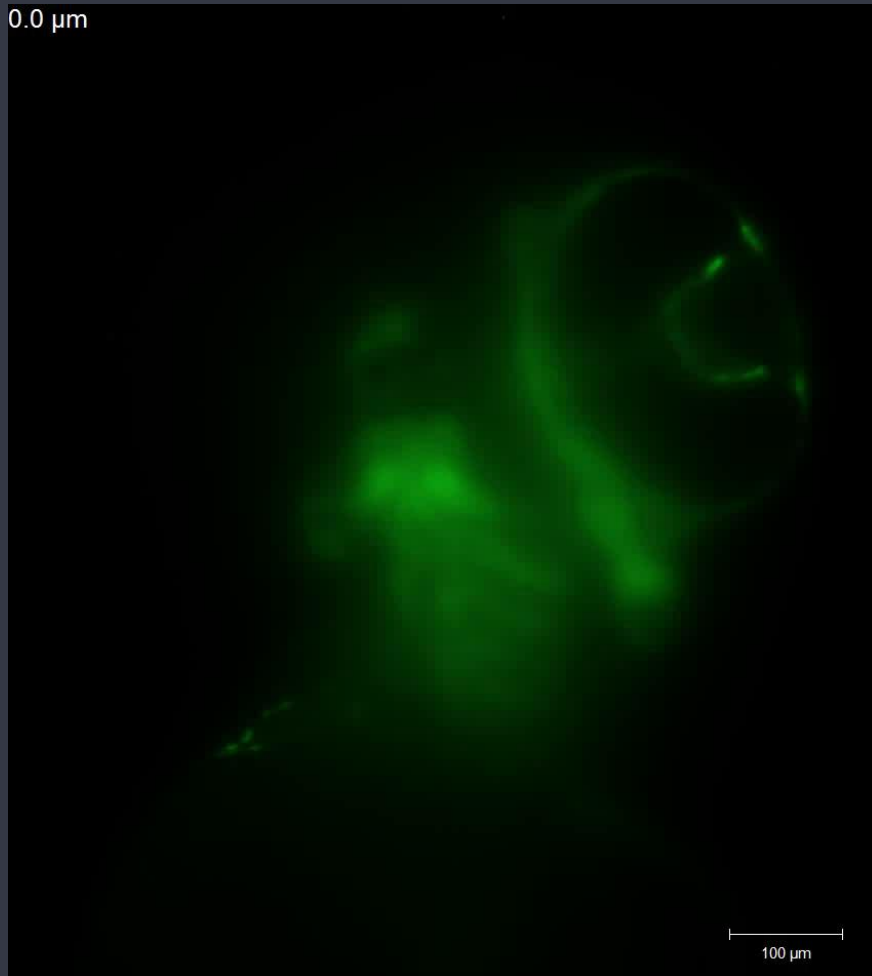
With Pivot

# Light Sheet Fluorescence Microscopy (LSFM)

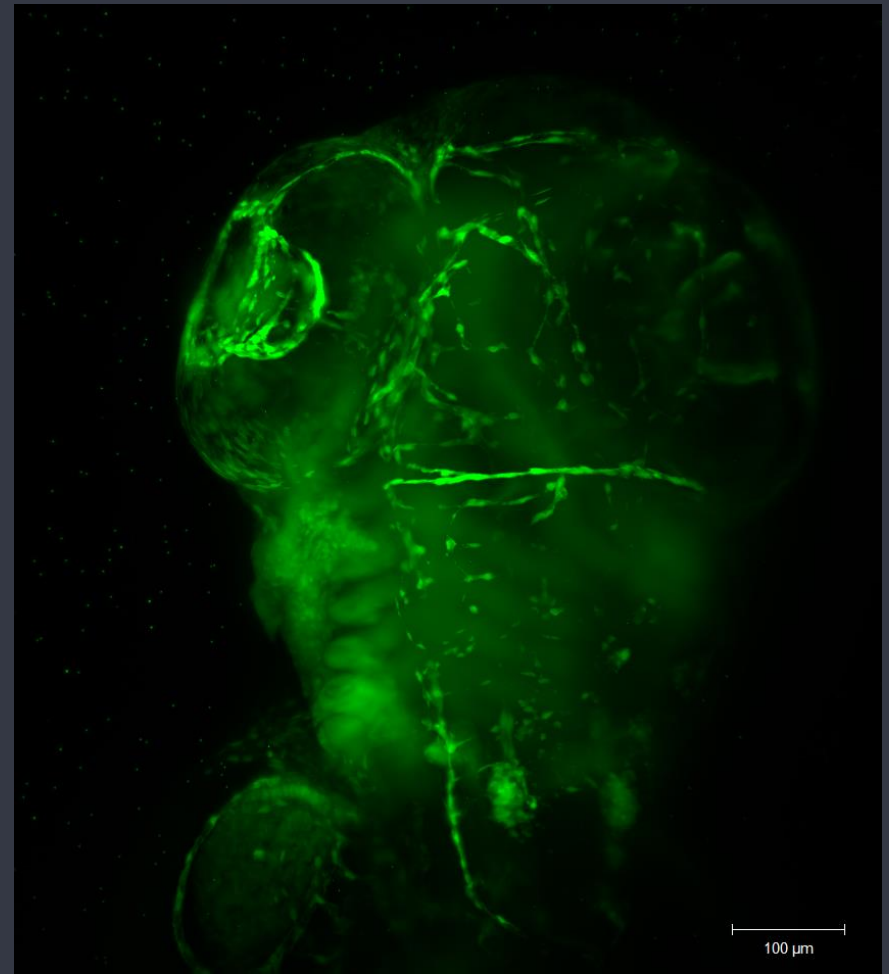
## Fast Z-Stack Movie



Z- Stack (continuous drive) with 30 fps



Z- Stack maximum intensity projection



## Details to know III:

Pick your Viewing Perspective(s): Rotation



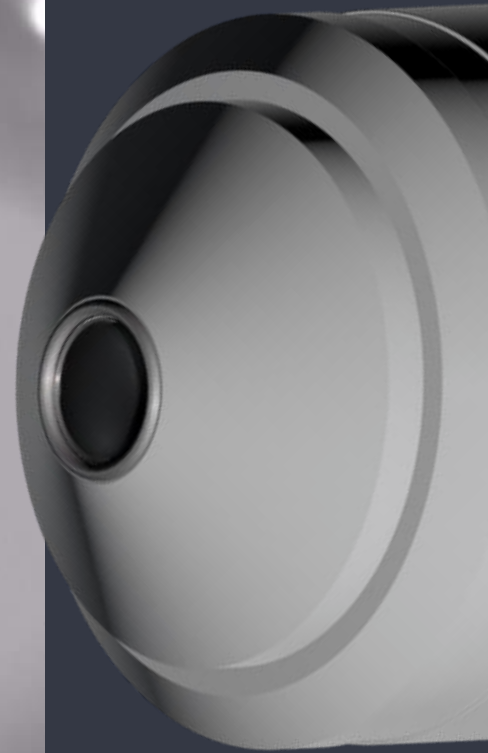
### Your Sample:

Gently embedded in  
physiological environment

### Multiview Imaging via Rotation:

Sequentially acquired stacks  
(optical sections) from different  
directions.

In Light Sheet Fluorescence  
Microscopy, stacks are taken  
from different rotation angles.



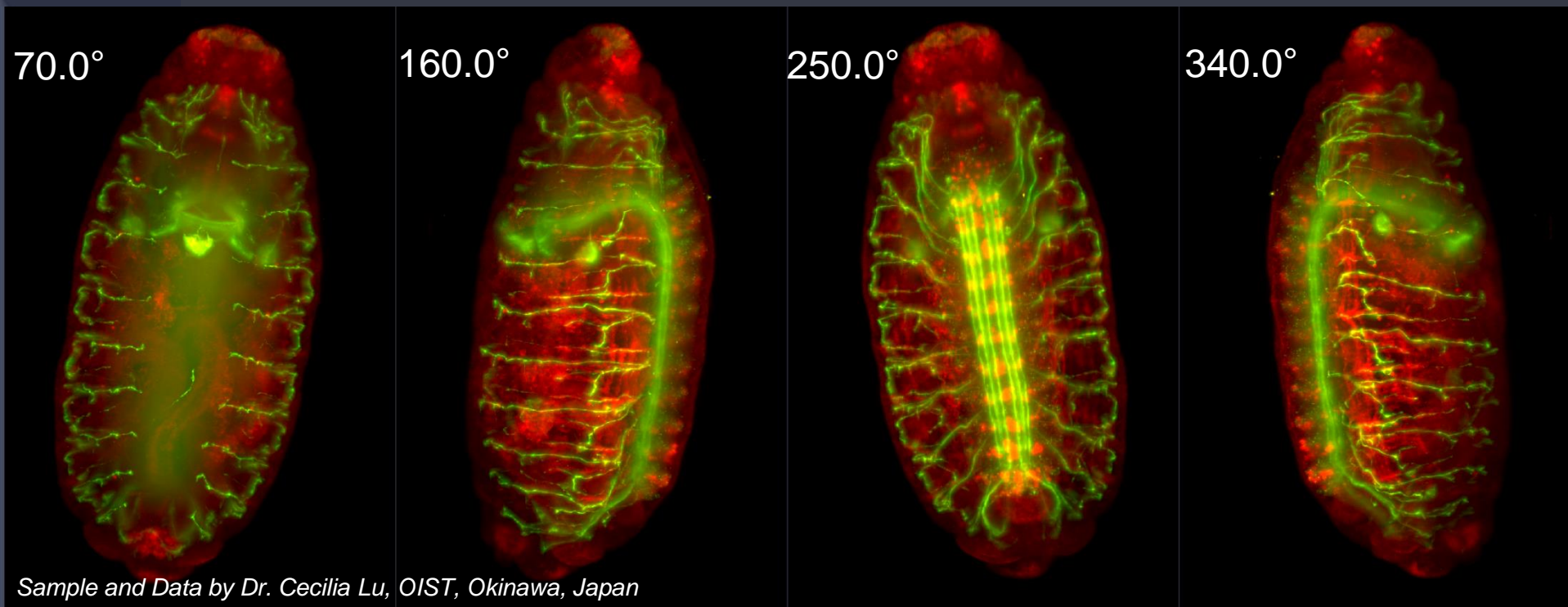


## Details to know III:

Pick your Viewing Perspective(s): Rotation



# Multiview Imaging

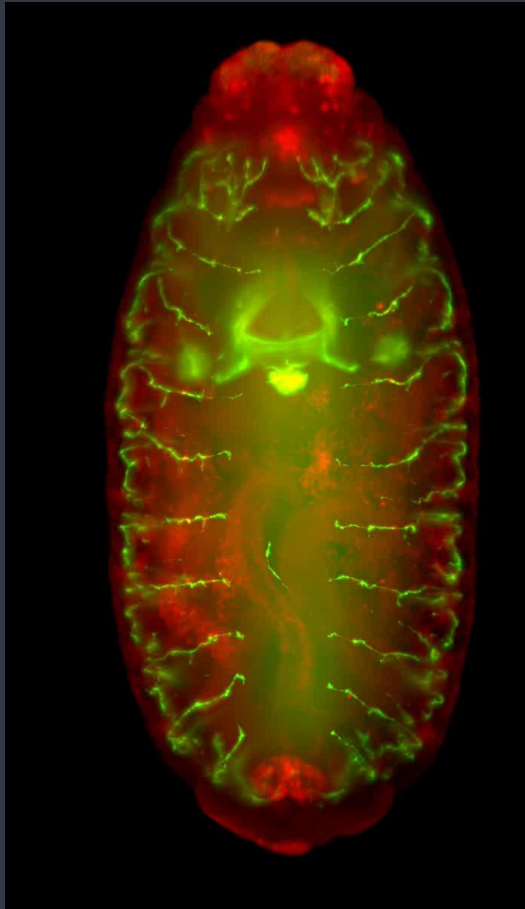


**Benefit:** Complementary information from different viewing angles.  
Potential resolution improvement (sample dependent).

# Details to know III: Pick your Viewing Perspective(s): Rotation



Z-Stack View 1



Registration & Fusion



Z-Stack View 3

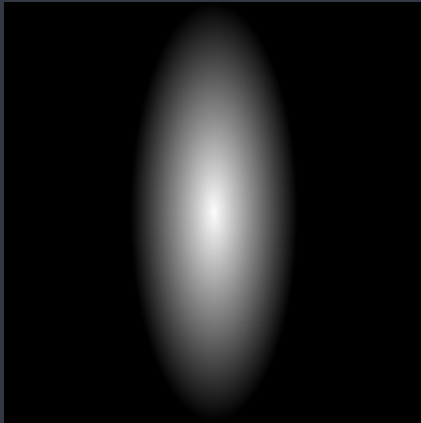


# Details to know IV: MultiView Fusion Resolution

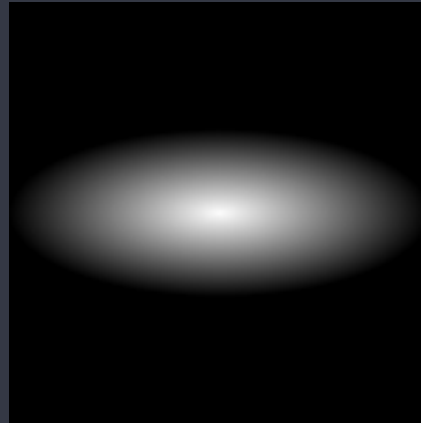
## Achieving isotropic 3D resolution



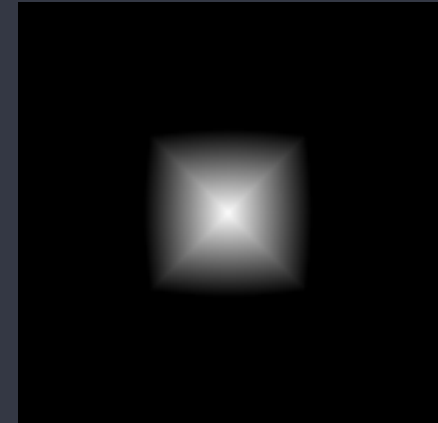
Single view



Orthogonal view



2 views fused



- Multiview Imaging can improve the resolution in  $z$ !
- If the Point Spread Function is of different quality from the different views, Multiview Imaging improves the images by combining complementary information.

For example:

Swoger, Huisken & Stelzer, Opt Lett, 2003

Verveer ... Stelzer, Nat Meth 2007; Swoger ... Stelzer, Opt Expr 2007



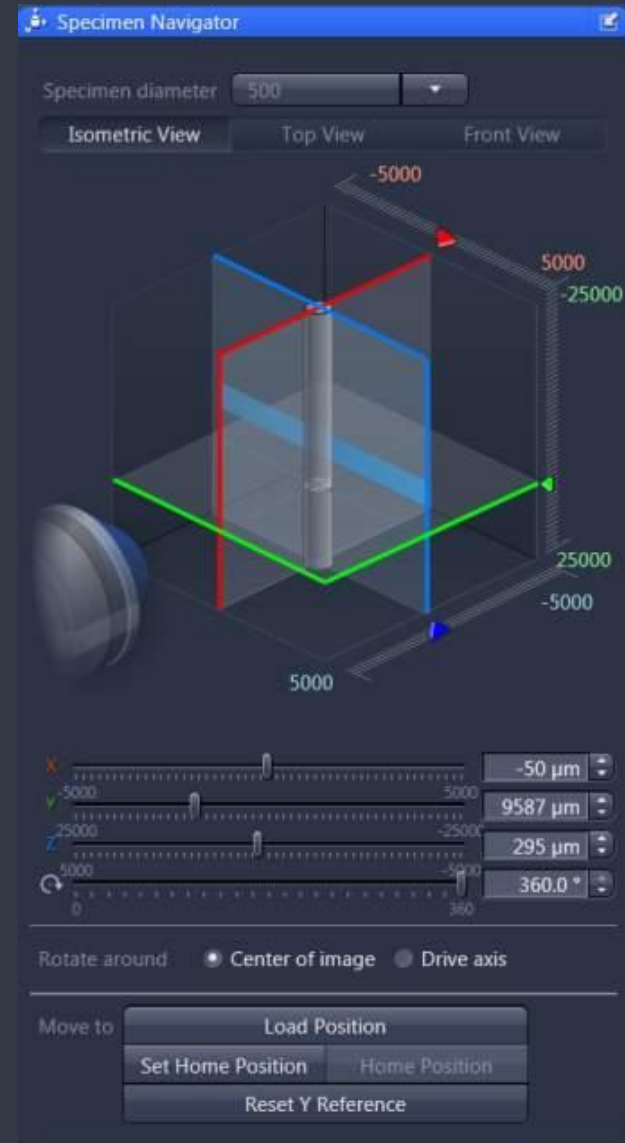
8 views

# ZEN Software for Lightsheet Z.1

## Easy to learn and use



- Fully Integrated within the ZEN software platform
- Cross platform compatibility from stereomicroscopes to superresolution microscopes
- New, easy to use tools specifically designed for Lightsheet Z.1

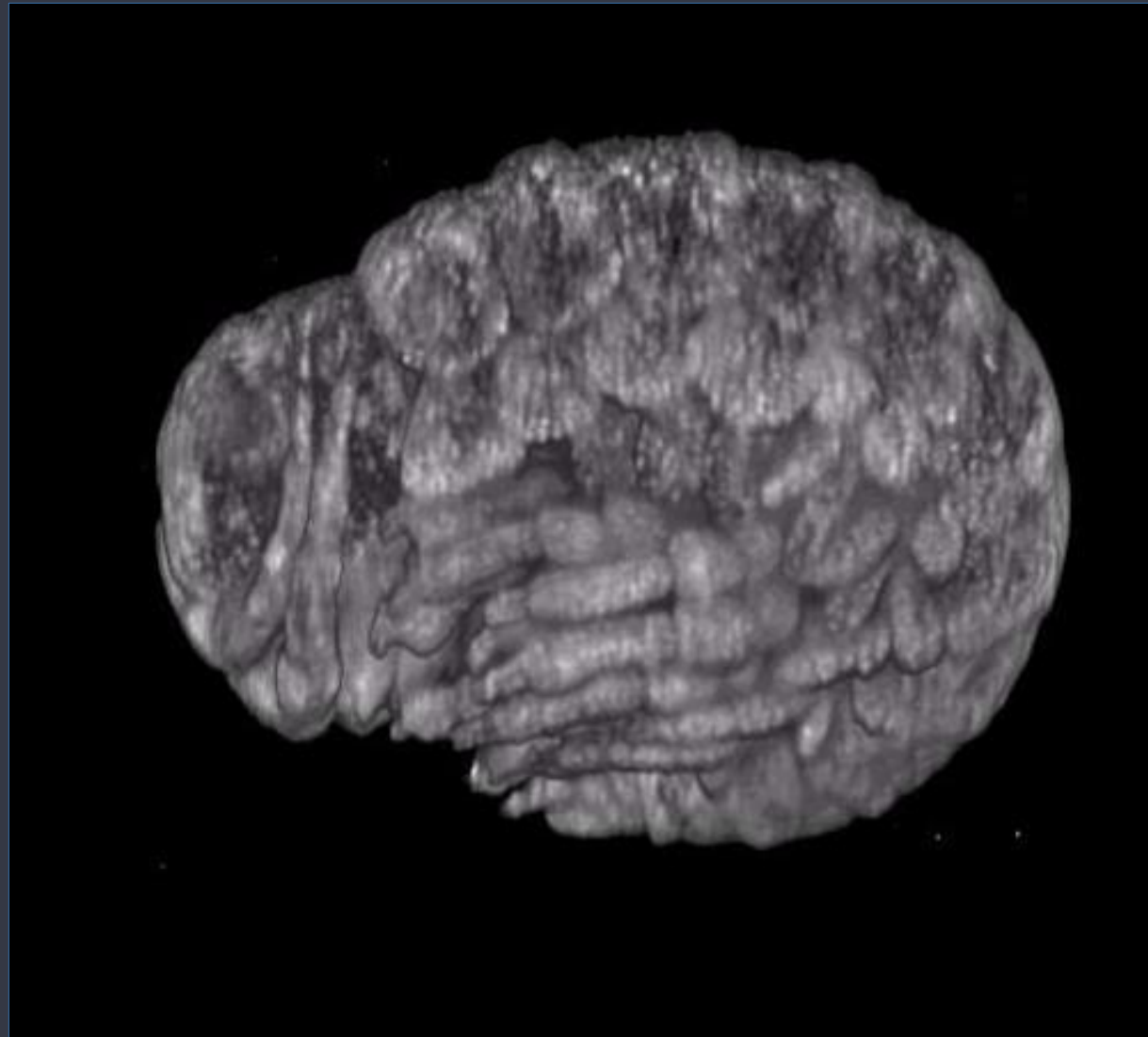


# *Pharhyale hawaiiensis* (live embryo)

## 3D Surface Rendering



- Nuclear red fluorescent protein (Histone2B-mRFP Ruby)
- Views: 4
- Multiview registration and fusion
- 3D Surface Rendering
- *Data by A. Pavlopoulos and P. Tomancaik from MPI-CBG Dresden, Germany*

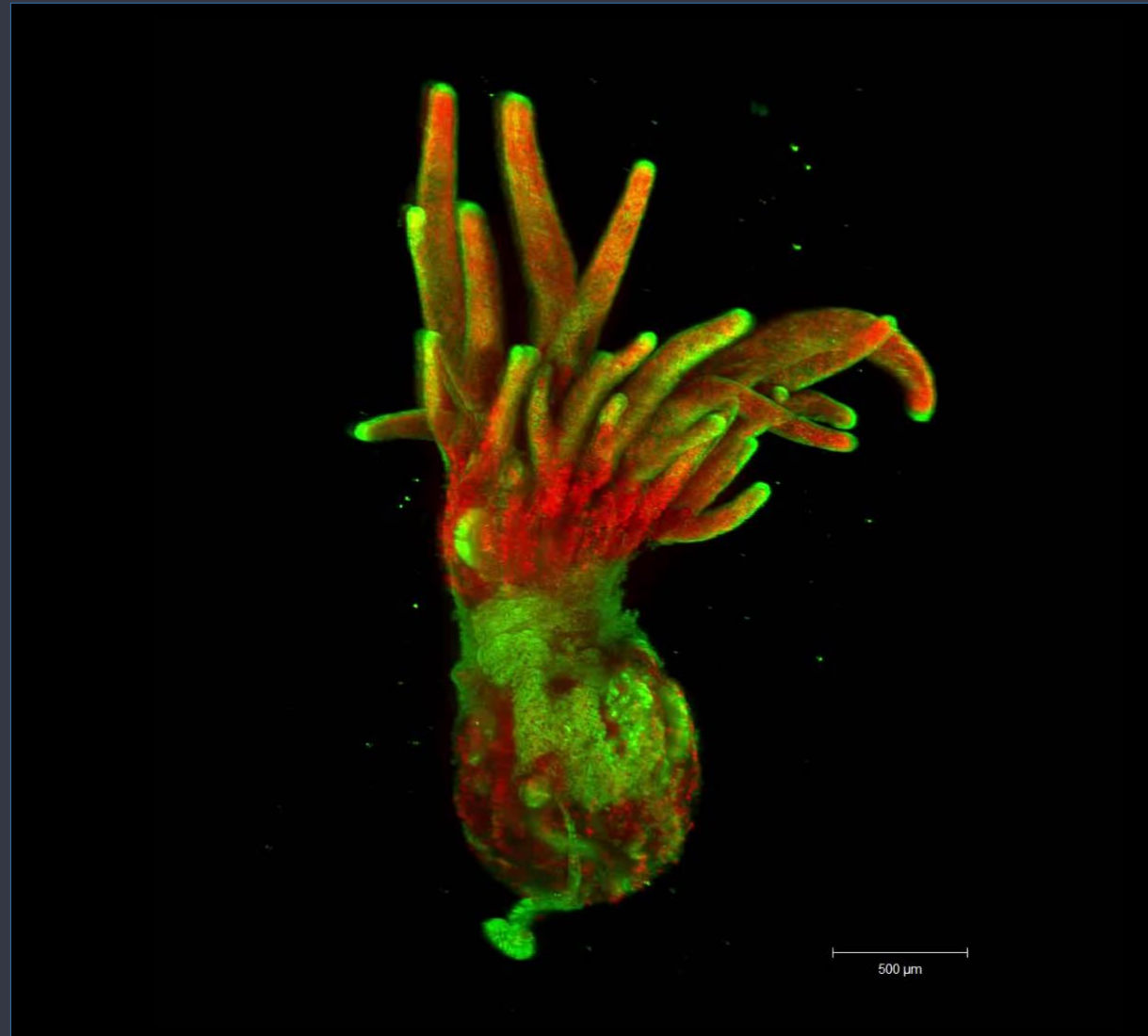


# *Aiptasia*, marine anemone (coral)

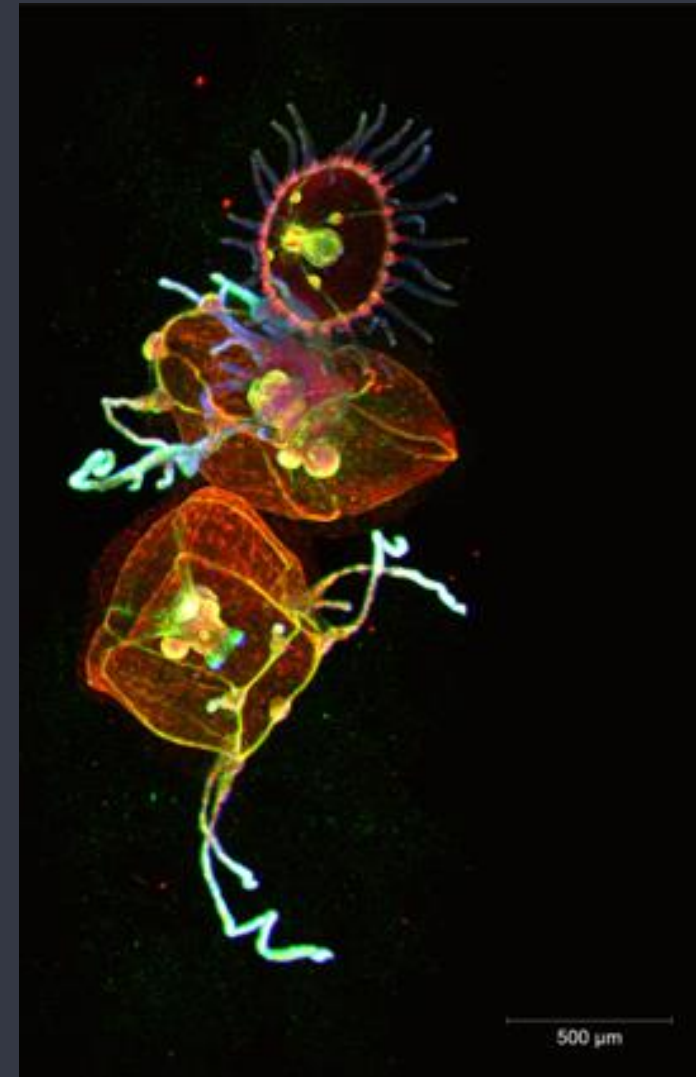
## Emerging model system for corals



- Nuclei in green  
endosymbiotic  
dinoflagellates in red  
by autofluorescence
- Views: 6
- Detection Optic: 5x
- *Data by Annika Guse,  
COS Heidelberg*
- Images were taken  
during the EMBO-  
MAMED course 2013



- Immunostaining of
  - Microtubuli (green)
  - Myosin (red)
  - Nuclei (blue)
- Views: 4
- Maximum Intensity Projection
- *Data by H. Parra, Inst. de Biologia Evolutiva (CSIC-U Pompeu Fabra), Barcelona*
- Image taken during EMBO course on Marine Animal Models in Evolution & Development, Sweden 2013

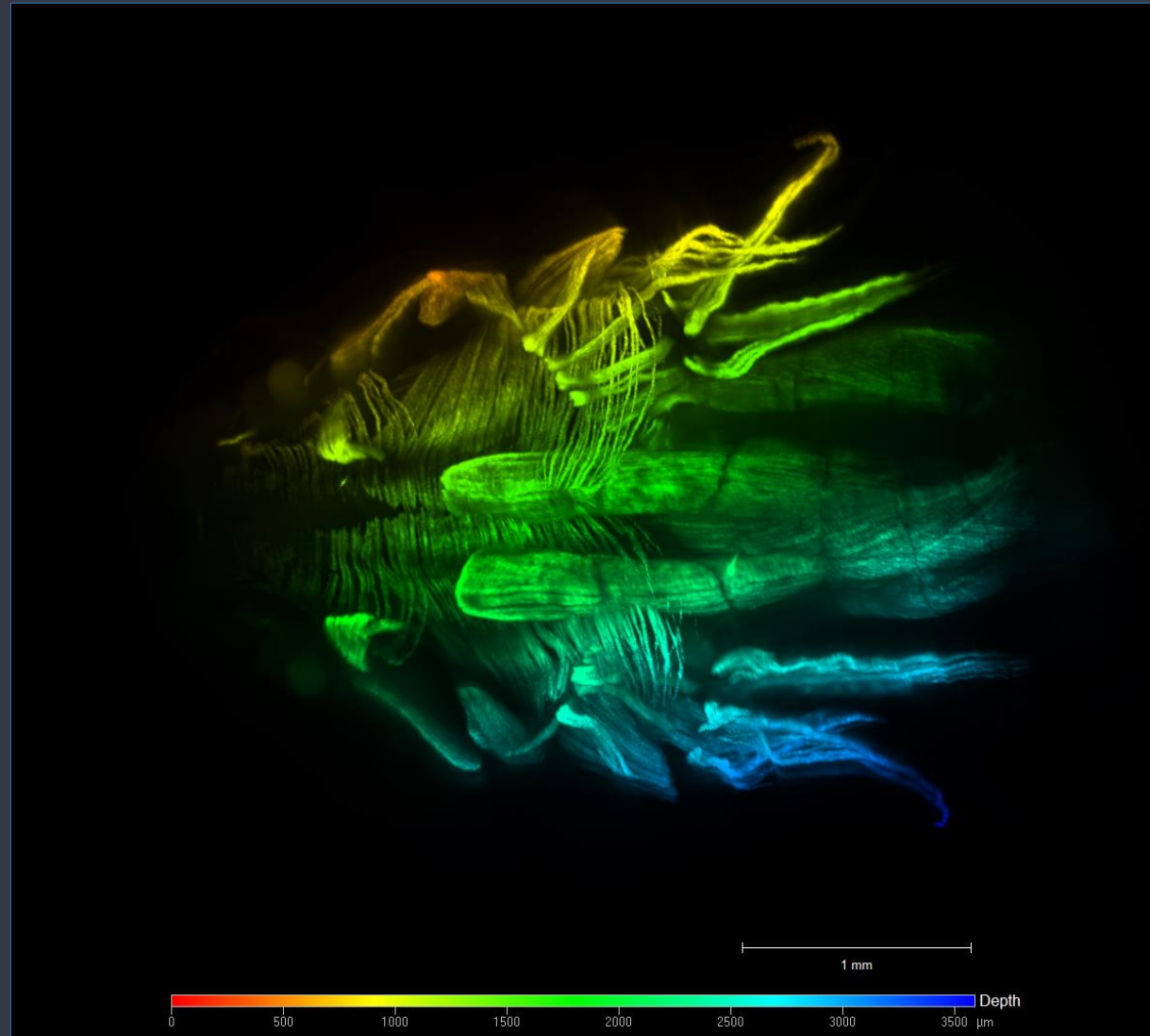


# *Ambystoma mexicanum*

## Salamander larvae



- Larvae optically cleared by fructose (SeeDB)
- Immunostain for skeletal muscle, microtubule for detection of muscles and nerves.
- Views: 5
- Detection Optic: 5x/0.16
- *J.Schmidt and Prof. L. Olsson, Inst. of Sys Zool. & Evo. Biol. Friedrich-Schiller-University, Jena, Germany*





# *Tribolium castaneum*

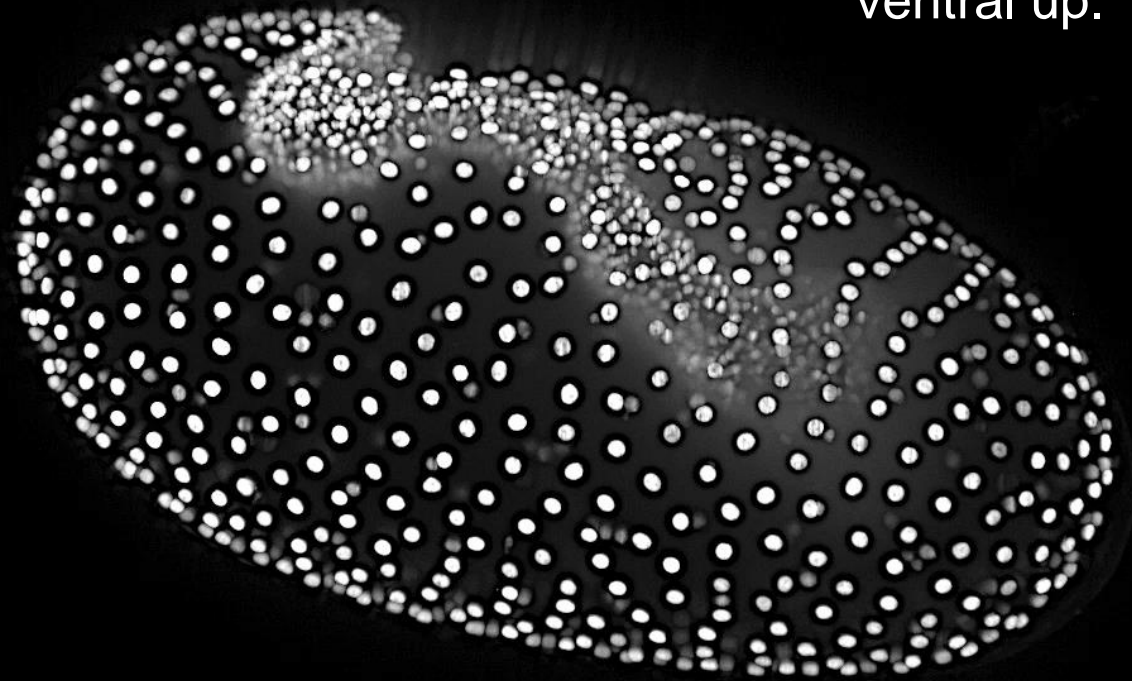
## Flour Beetle embryo



- GFP in all nuclei
- germband extends into yolk, extra-embryonic membranes closing over ventral side. embryo grows, segments get visible germband wraps around ant. & post. end of egg
- 6:30 h all 5 min.
- Temperature @ 29°C
- *Data by Nipam Patel, UC Berkeley, Dep. MCB; Dep. of Int. Biol*

Lateral view with anterior to the left and

ventral up.

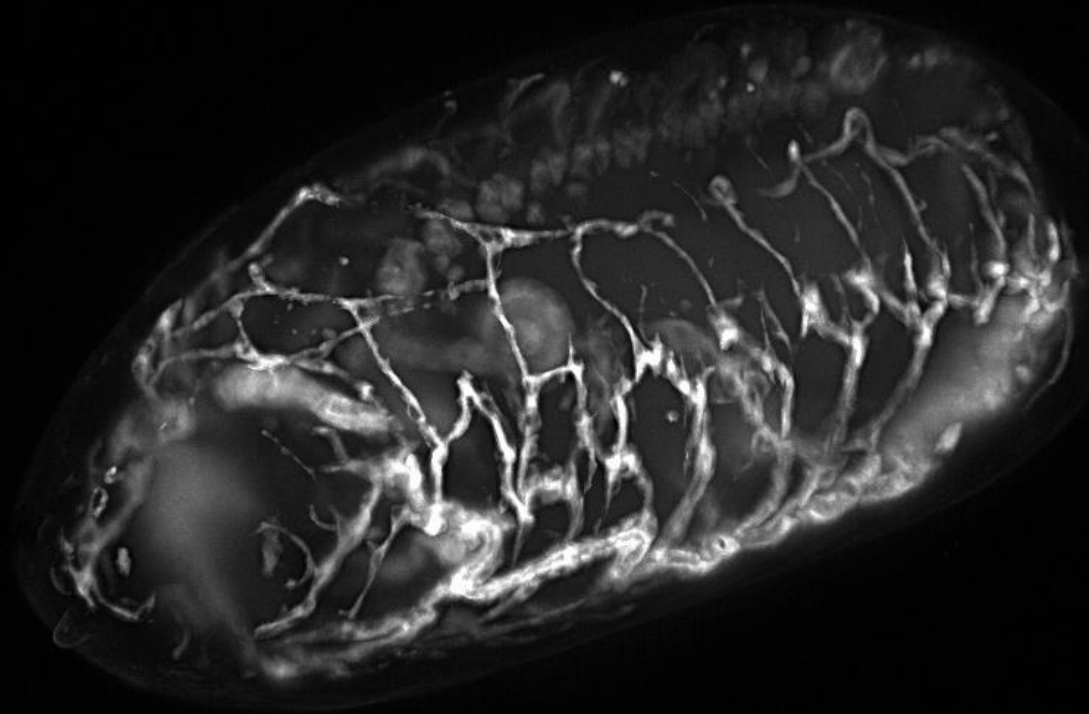


# *Drosophila melanogaster*, embryo, Trachea development



- 4:30 h, every 5 minutes
- Temperature @ 26°C
- Actin:GFP tracheal (respiratory) system incl ventral midline of CNS.
- Tracheal system develops into tubes with branches extending throughout the embryo
- *Data by Nipam Patel, UC Berkeley, Dep. MCB; Dep. of Int. Biol*

Ventro-lateral view with anterior end of embryo facing forward and to the left, ventral is up.

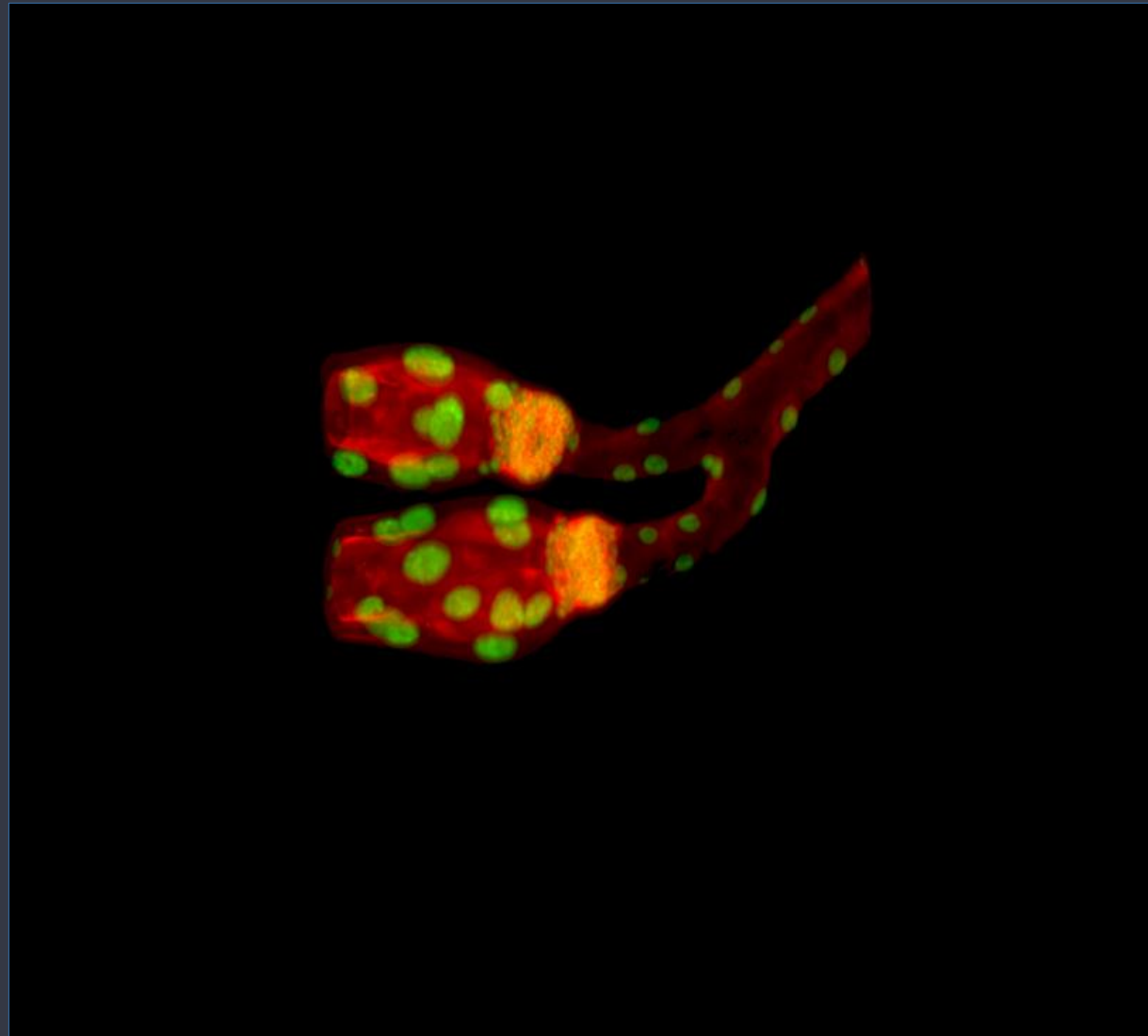


# *Drosophila melanogaster*

## Salivary Glands of third instar larvae



- Salivary glands of third instar larvae
- Nuclei: green (GFP)
- Actin : red (Phalloidin)
- Views: 3
- Dual side illumination
- *Data by A. Pavlopoulos and P. Tomancak from MPI-CBG Dresden, Germany*

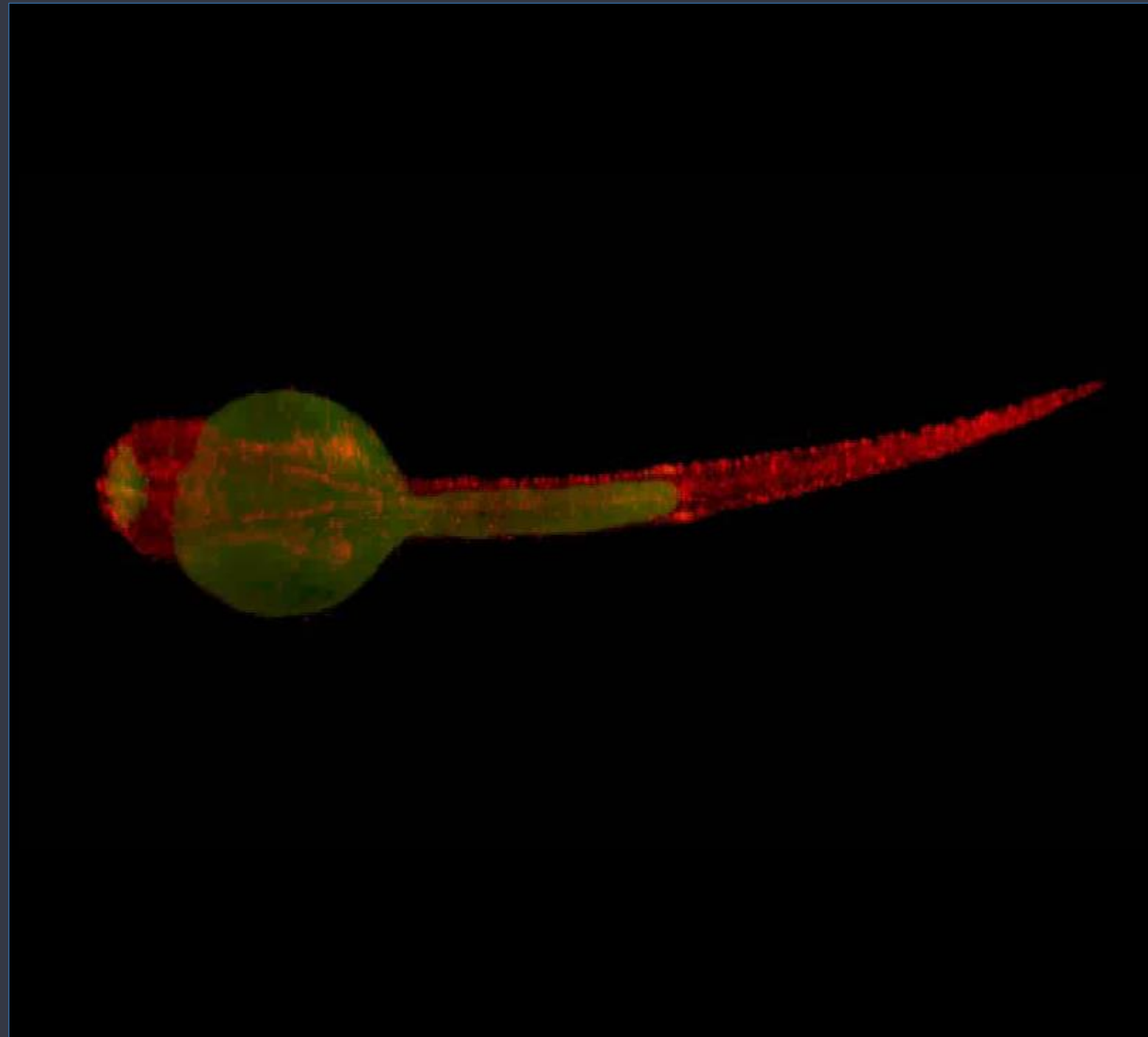


# Zebrafish Development, 2d embryo

## Structural imaging of larger organisms



- Nuclei: Red
- Yolk: autoFL
- Views: 4
- Multiview registration and fusion
- Maximum Projection
- *Data by Cornelia Hoppe, Gopi Shah (Huisken Lab, MPI-CBG, Dresden, Germany)*

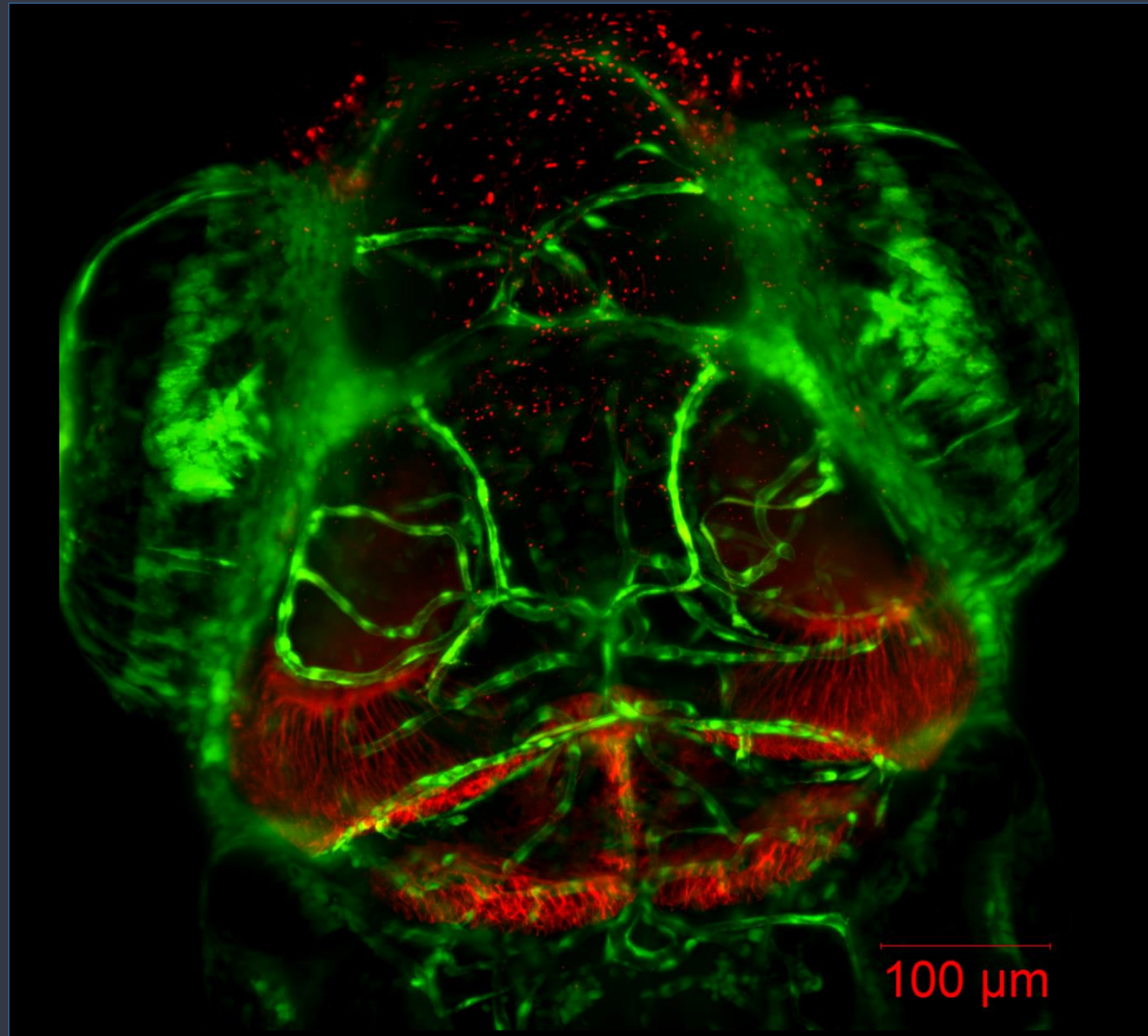


# Zebrafish Head

## Blood Vessels & Neurons



- Green: Blood vessel, Autofluorescence
- Red: neurons
- Views: 1
  
- Dual side illumination
  
- Objective: W Plan Apochromat 20x/1.0
  
- *Sample by Dr. Cathleen Teh, IMCB, Singapore*



# Zebrafish Heart Development, 2d

## Fast fluorescence imaging



- Red: blood vessels, - endocardium
- Green : myocardium
- imaging: 80 fps
- movie: **20 fps**

Imaging of beating heart with maximal frame rates (80 to 100 fps) for extended periods of time with minimal light exposure to the specimen.

*M. Mickoleit, M. Weber  
(Huisken Lab, MPI-CBG,  
Dresden, Germany)*

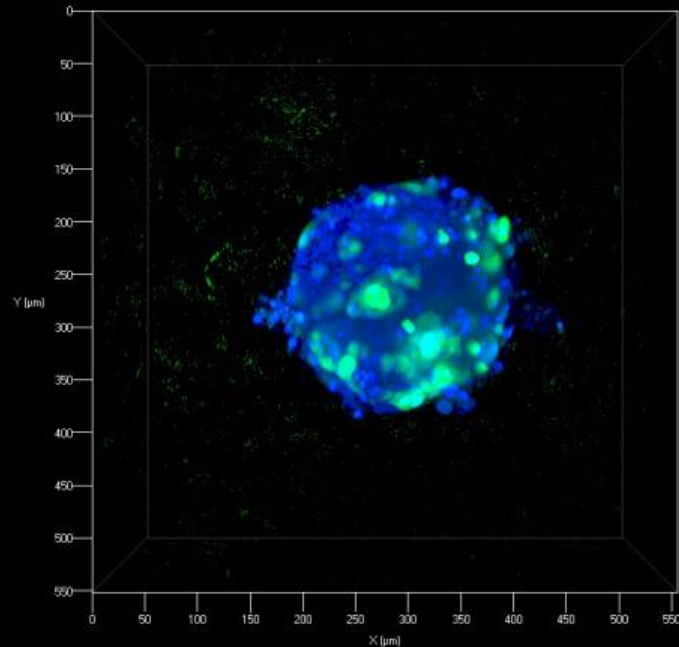
0ms

# Spheroid Imaging

## Cell culture in three dimensions

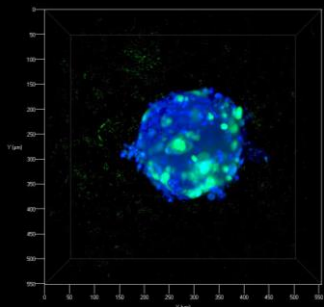


- HBE human derived cell lines cultured as micro-tissues (DAPI staining in blue; fixed with PFA)
- Infection with human Adenovirus type 2 expressing GFP
- Dual side illumination
- Views: 4 (90° rotation each)
- Landmark registration using fluorescent beads (small green dots surrounding the spheroid)
- Maximum Projection
- *Data by Vardan Andriasyan, Artur Yakimovich (University of Zürich, Switzerland)*



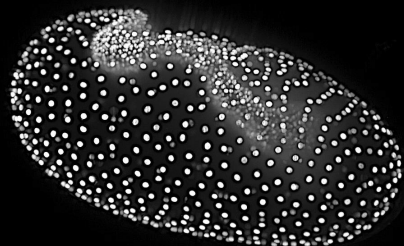
# Lightsheet Z.1

The whole volume, every minute, for hours or days!



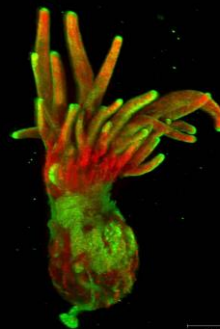
## 3D Cell Spheroids

(Vardan Andriasyan, Artur Yakimovich,  
University of Zürich, Switzerland)



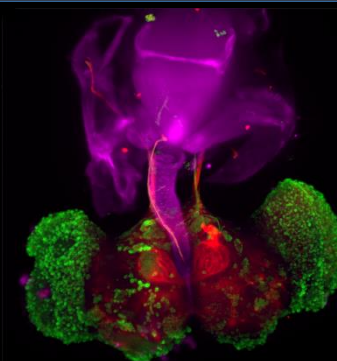
## *Tribolium castaneum*

(Nipam Patel, University of California,  
Berkeley, Dept of Molecular & Cell  
Biology and Dept of Integrative Biology)



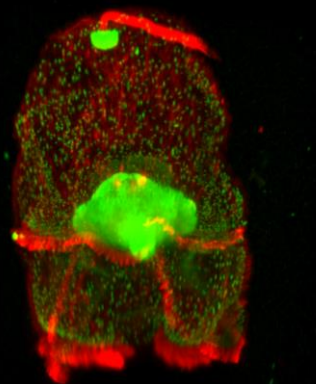
## *Aiptasia*

(Annika Guse, COS Heidelberg,  
Germany)



## *Drosophila melanogaster*

(Ali Asgar Bohra & Prof. K Vijay Raghavan,  
National Center for Biological  
Sciences/NCBS, Bangalore, India)



## Nemertea

(Luis Bezares, Max Planck Institute for  
Developmental Biology, Germany)



## *Octopus bimaculoides*

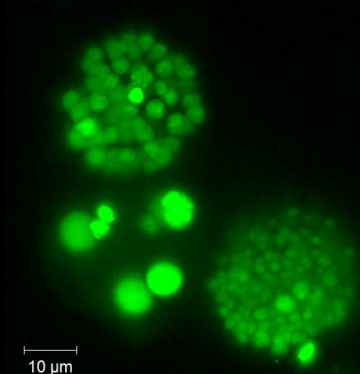
(Eric Edsinger & Daniel S. Rokhsar,  
Okinawa Institute of Science and  
Technology)



## *Ambystoma mexicanum*

(Jennifer Schmidt & Prof. Dr. Lennart  
Olsson, Friedrich-Schiller-University,  
Jena, Germany)

0.000 h  
0.0 min



## *Caenorhabditis elegans*

(Dr Bruno Albuquerque, Institute of  
Molecular Biology, Mainz, Germany)



## Good to remember about the turn-key system Lightsheet Z.1



1. **Gentle:** Highest Sensitivity combined with virtually no photo-damage or photo-bleaching when performing long-term time-lapse imaging
2. **Fast:** Visualize dynamic processes with ultrafast optical sectioning
3. **Real life:** A special sample chamber to maintain the perfect environment for living specimens including heating, cooling, and CO<sub>2</sub>
4. **Pick your viewing perspective(s):** Best imaging possibilities for your specimen with multidirectional illumination and multiview imaging
5. **Stunning image quality:** Light sheet optics by ZEISS

**The first microscope built around your sample  
(and not vice versa).**

# Lightsheet Z.1 by ZEISS





We make it visible.